Monday lunch
Vegan nuggets (vegan)
Mixed cheese macaroni (v)
Breaded haddock with parsley mayo
Poached fish with spring vegetable sauce

Monday dinner
Falafel with marinated cabbage and flat bread (vegan)
Vegetable Kiev (v)
Beef lasagne
Turkey and ham pie

Tuesday lunch
Sausage and mash (vegan)
Mediterranean vegetable and feta wellington (v)
Fresh chicken kiev's
Newmarket sausage & mashed potato with onion gravy

Tuesday dinner
BBQ vegetable pitta (vegan) with BBQ halloumi (v)
Tandoori spiced chicken
Breaded pork escalope with roast garlic mayo
THEME NIGHT

Wednesday lunch
Vegan sausage roll (vegan)
Vegetable moussaka (v)
Breaded plaice goujons
Open fish pie with chive cream

Wednesday dinner
Vegetable pakora (vegan)
Artichoke and stilton arancini (v)
Spicy meatballs with pasta
Creamy chicken and coconut curry with spinach

Thursday lunch
Cajun sweet potato stew (vegan)
Penne pasta with broccoli and peppers (v)
Chicken enchiladas
BBQ sausage and potato hash
Thursday dinner
Vegan laska (vegan)
Southern fried quorn wrap (v)
Beef chilli with tacos and sour cream
Hunters chicken

Friday lunch
Onion bhaji with mango chutney (vegan)
Grilled vegetable ravioli in a chunky vegetable sauce (v)
Battered fish of the day
Crab linguine

Friday dinner
Broccoli katsu curry (vegan)
Creamy leek, potato and cheese pie (v)
Katsu chicken curry
Jerked bacon steak

Saturday lunch
Brunch

Saturday dinner
Crispy cauliflower with buffalo sauce (vegan)
Cheese and tomato pizza (v)
Pasta bolognaise
Sweet and sour squid with rice

Sunday lunch
Brunch

Sunday dinner
Gnocchi with spinach & mushroom (vegan)
Spiced bean filled aubergine with a crumble topping (vegan)
Roast turkey breast with pigs in blankets
Buttery Lent Term

Week 2 (W/C 20/01/2020) & 6 (W/C 17/02/2020)

**Monday lunch**
Baby corn, green pepper and oyster mushroom in a black bean sauce *(vegan)*
Vegetable Kiev *(v)*
Beef lasagne
Turkey stilton and broccoli pie

**Monday dinner**
Vegetable and chickpea tagine with almonds and apricots *(vegan)*
Spiced aubergine wedges with chickpea salsa *(v)*
Sweet and sour chicken Hong Kong style
Pork meat loaf

**Tuesday lunch**
Crispy breaded tofu steak *(vegan)*
BBQ halloumi, vegetable skewer & pitta *(v)*
Tuna and pasta bake
Grilled fish of the day with burnt caper and lemon butter

**Tuesday dinner**
*THEME NIGHT*

**Wednesday lunch**
Butter bean and corn hot pot *(vegan)*
Quorn and vegetable lasagne *(v)*
Grilled garlic and parsley chicken strips with pitta and tzatziki
Sticky pork belly in a bao bun

**Wednesday dinner**
Chimichurri grilled polenta steak *(vegan)*
Teriyaki courgette with egg noodles *(v)*
Chimichurri turkey steak
Fresh chicken kiev's

**Thursday lunch**
Sweet chilli bean balls *(vegan)*
Cheese and onion pasty *(v)*
Smoked haddock with tomatoes and leeks
Sweet chilli chicken meatballs
Thursday dinner
Vegetarian hot dog with chilli onions (vegan)
Cannelloni Verdi (v)
Scampi with tartare sauce
Chicken Fajitas

Friday lunch
Vegetable jambalaya (vegan)
Squash, pea and feta frittata (v)
Battered fish of the day
Rarebit baked fish

Friday dinner
Flat mushroom, leek and sun dried tomato with stir-fried rice (vegan)
Roast winter vegetable with chickpeas and pesto (v)
BBQ chicken thighs
Breaded turkey escalope

Saturday lunch
Brunch

Saturday dinner
Falafel with marinated cabbage and flat bread (vegan)
Homemade veggie pizza (v)
Meat feast pizza
BBQ pulled pork bap

Sunday lunch
Brunch

Sunday dinner
Roasted vegetable strudel (vegan)
Toad in the hole (v)
Roast topside of beef and Yorkshire pudding
Buttery Lent Term

Week 3 (W/C 27/01/2020) & 7 (W/C 24/02/2020)

**Monday lunch**
Lentil bolognaise with pasta (vegan)
Tomato, courgette and aubergine gratin (v)
Jerk spiced turkey burger
Piri Piri pork steak

**Monday dinner**
Corn & chilli fritter, lentil & tomato salsa (vegan)
Vegetable Kiev (v)
Beef lasagne
Steamed chicken breast with pancetta cream

**Tuesday lunch**
Potato and cauliflower curry (vegan)
Mushroom, spinach and pepper stroganoff (v)
Fresh chicken kiev’s
Caribbean pork with rice and peas

**Tuesday dinner**
**THEME NIGHT**

**Wednesday lunch**
Pad Thai (vegan)
Mushroom and broccoli pie (v)
Spiced chicken with halloumi and beetroot salad
Char siu pork

**Wednesday dinner**
Mushroom and bean cottage pie (vegan)
Mixed bean & potato goulash with sour cream (v)
Salmon & ginger fish cakes with sweet chilli sauce
Paella

**Thursday lunch**
New Orleans style rice and beans (vegan)
Gnocchi with peppers in a spicy tomato sauce (v)
Chicken and bacon pasta
Stir fried duck with hoi sin sauce & noodles
Thursday dinner
Pasta puttanesca (vegan)
Spinach and ricotta tortellini in a tomato sauce (v)
BBQ sausage and potato hash
Cuban chicken picadillo

Friday lunch
Char siu baked squash steaks (vegan)
Quorn sausage and leek hash (v)
Battered fish of the day
Baked fish with a cherry tomato and herb dressing

Friday dinner
Buffalo chickpeas stuffed sweet potato (vegan)
Lentil and Mushroom lasagne (v)
Baked chicken with confit cherry tomatoes
Buffalo chicken wings

Saturday lunch
Brunch

Saturday dinner
Sweet potato and bean burger (vegan)
Vegetable kebab, pitta and sauces (v)
Cheese burger with salad and relish
Tikka baked chicken and marinated cabbage wrap

Sunday lunch
Brunch

Sunday dinner
Butter bean and corn hotpot (vegan)
Beetroot and red onion tart with goats cheese (v)
Roast chicken and stuffing
Buttery Lent Term

Week 4 (W/C 03/02/2020) & 8 (W/C 02/03/2020)

Monday lunch
Mock duck and vegetable stir-fry (vegan)
Vegetable Kiev (v)
Beef lasagne
North African chicken with saffron and honey

Monday dinner
Chilli tacos with salsa (vegan)
Tempura battered cauliflower with tzatziki (v)
Blackened fish with fresh salsa
Smoked salmon and asparagus with pasta

Tuesday lunch
Buffalo chickpeas stuffed sweet potato (vegan)
Cannelloni verdi (v)
Fresh chicken kiev's
Gammon jambalaya

Tuesday dinner
THEME NIGHT

Wednesday lunch
Crispy cauliflower with buffalo sauce (vegan)
Tomato, courgette and aubergine gratin (v)
Chicken and mushroom pie
Mexican pulled pork with tacos

Wednesday dinner
Chermoula tofu and roasted vegetables (vegan)
Tomato, spinach and cheddar wellington (v)
Tipsy pig sausages with mustard mash
Hunters chicken

Thursday lunch
Vegan katsu curry (vegan)
Tortellini formaggio (v)
Chicken tagine
Shepherd’s pie
Thursday dinner
Jerk spiced seitan (vegan)
Spanakopita (v)
Cornish pasty
BBQ chicken thighs with peppers

Friday lunch
Bean balls and pasta (vegan)
Aubergine wedges with chickpea salsa (v)
Poached fish of the day with ginger and sesame broth
Battered fish of the day

Friday dinner
Vegetable spring rolls with sweet chilli sauce (vegan)
Quorn sausage and pepper pasta bake (v)
Southern fried chicken
Pasta bolognaise

Saturday lunch
Brunch

Saturday dinner
Cauliflower and onion korma (vegan)
Pasta with tomato sauce and cheese (v)
Beef cannelloni
Hong Kong sweet and sour pork

Sunday lunch
Brunch

Sunday dinner
Charred squash steak with chimichurri sauce (vegan)
Baked pea and feta omelette (v)
Roasted loin of pork with apple sauce