

Covid-19 Guidance for Fitzwilliam College – 24 February 2022

As England removes all remaining legislation surrounding the coronavirus pandemic, we must again consider our shared responsibilities as members of the Fitzwilliam community. We remain committed to supporting all members of our community and it is our shared responsibility to create a supportive environment in which all can live and work safely.

All legal restrictions have now ended, and the most significant impact this will have on College life is that those who test positive for coronavirus are no longer required by law to self-isolate.

The current [guidance](#) encourages a cautious approach very similar in practice to the requirements of previous legislation. It is both the government's and the College's strong recommendation that:

- If you have any symptoms of Covid-19, you should self-isolate until your symptoms end, unless you return a negative PCR test. If you return a positive test, you should self-isolate for ten days from the onset of symptoms (unless you return negative LFT tests on successive days beginning on Day Five, and have no temperature). Please report your result to the [University's COVID Helpdesk](#) to gain access to authoritative advice and help with the monitoring of any outbreaks.
- If you test positive, please inform all members of your household and anyone else who has stayed overnight in the preceding 48 hours, so that they are aware that they are at higher risk of becoming infected, and can take [appropriate precautions](#).
- If you are self-isolating in College accommodation, we recommend that you download this [poster](#) to put on your door so that members of your household, visitors and staff do not inadvertently enter your space. Please follow the [latest guidance](#) in order to minimize the risk to other members of your household.
- You no longer need to inform the Porters that you are self-isolating, but you may wish to contact your Tutor if you are concerned.

Lateral flow tests can still be ordered for free online until 31 March, though availability may be limited. At present the University continues to offer free PCR testing for any member of a College or the University who has symptoms of Covid-19. If you need to book a PCR test, you can do that here: <https://www.cam.ac.uk/coronavirus/stay-safe-cambridge-uni/book-a-university-test>

Members of the College community and visitors are encouraged to show consideration for others with whom they interact. Fitzwilliam is both our workplace and, for many of us, our home and as such we must take a measured and responsible approach in our interactions with each other. Mask wearing is no longer required in College, but members are encouraged to consider wearing masks when in crowded situations, both to reduce risk of personal infection and to protect more vulnerable members of the College. Please be mindful that not all colleagues or students will be comfortable in removing masks, while others are unable to wear them; both should be respected. When using College spaces, for meetings, teaching and social events, please maximise ventilation.

If you have symptoms of Covid-19, but choose not to self-isolate despite the strong recommendation above, please think extremely carefully about the choices you make when interacting with others.

The College will continue to monitor and respond to changes in the national guidelines as and when they occur. This approach reflects the current guidance provided by the University of Cambridge <https://www.cam.ac.uk/coronavirus/news>.