

Week Commencing 15th January

MONDAY LUNCH

Garlic Greek Chicken & Orzo
Baked Gnocchi with Squash &
Spinach (V)
Tahini Baked Vegetables & Lentils
(VG)

TUESDAY LUNCH

Charred Gammon Steak with Fried

Egg

Red Pesto with Penne Pasta,

Roasted Peppers & Rocket (V)

Butternut, Chestnut & Lentil Cake

(VG)

WEDNESDAY LUNCH

Buffalo Chicken Parm
Sumac & Oregano Baked Fish
Lentil, Bean & Cherry Tomato Chilli
with Nachos (VG)

THURSDAY LUNCH

Mexican Chicken Casserole

Mediterranean Vegetable Crumble
 with Feta Cheese (V)

Za'atar Roasted Cauliflower, Tahini
 Sauce & Pomegranate (VG)

FRIDAY LUNCH

Friday Fish and Chips (plain fish available cooked to order)
Sticky Sesame Pork
Vegetable & Bean Burrito Bowl (VG)

SATURDAY LUNCH

Brunch

SUNDAY LUNCH

Brunch

MONDAY DINNER

Chicken Enchiladas
Pasta with Beetroot & Feta Cheese
(V)

Chilli Bean & Vegetable Enchiladas (VG)

TUESDAY DINNER

Chicken Shawarma
Vegetable Korma (V)
Mushroom, Leek & Sundried
Tomatoes with Stir Fried Rice (VG)

WEDNESDAY DINNER

Mexican Rice with Chipotle Pulled
Pork with Dips
Halloumi, Pepper & Lentil Bake
with Flat Bread & Salad (V)
Indian Lentil Shepherd's Pie (VG)

THURSDAY DINNER

Ancho Chicken Fajita Pasta Paneer Stuffed Flatbread (V) No Waste Vegetable Fritters with Sriracha Sauce (VG)

FRIDAY DINNER

Chicken Chasseur
Cannelloni Verdi (V)
Stuffed & Folded Flatbread (VG)

SATURDAY DINNER

Build a Burger Night

SUNDAY DINNER

Roast Leg of Pork with
Caramelized Apples
Roasted Chicken Breast
Root Vegetable & Bean Stew with
Dumplings (VG)

VG - VEGAN

V - VEGETARIAN

Menu's are subject to change.



Week Commencing 22nd January

MONDAY LUNCH

Za'atar Chicken Traybake
Mushroom & Tarragon Stroganoff (V)
Buffalo Cauliflower Steaks with
Chickpeas (VG)

TUESDAY LUNCH

Baked Fish with Lemongrass & Lime
Dressing
Paneer Makhani (V)
Thai Vegetable Curry with Coconut
& Coriander (VG)

WEDNESDAY LUNCH

Turkey Escalope with Garlic Aioli Fish Goujons with Tartar Sauce Beetroot Bourguignon (VG)

THURSDAY LUNCH

Cajun Stuffed Chicken Mushroom Ravioli (V) Onion Bhaji & Naan Burger (VG)

FRIDAY LUNCH

Friday Fish and Chips (plain fish available cooked to order) Broccoli & Vegetable Pasta with Stilton & Toasted Pine Nuts (V) Bang Bang Tofu & Rice (VG)

SATURDAY LUNCH

Brunch

SUNDAY LUNCH

Brunch

MONDAY DINNER

Katsu Chicken Curry
Aubergine, Potato, Bean & Goats
Cheese Gratin (V)
Quorn Pad Thai (VG)

TUESDAY DINNER

THEME NIGHT- Pie Night

WEDNESDAY DINNER

Sausage Casserole Creamy Courgette Lasagne (V) Korean Corn & Lentil Bites (VG)

THURSDAY DINNER

Pasta Bolognaise

Doner Kebab with Pitta & Salad (V)

Cauliflower Pilaf (VG)

FRIDAY DINNER

Chicken Enchiladas Olive, Cheese & Tomato Pasta (V) Chilli Bean & Vegetable Enchiladas (VG)

SATURDAY DINNER

Pizza Night

SUNDAY DINNER

Roast Turkey with Cranberry Sauce Honey Glazed Gammon Cranberry, Beetroot & Seed Loaf (VG)

VG - VEGAN
V - VEGETARIAN

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Week Commencing 29 January

MONDAY LUNCH

Beef Lasagne with Garlic Bread Mac & Cheese with BBQ Beans (V) Mushroom & Jackfruit Flatbread with Cola BBQ Sauce (VG)

TUESDAY LUNCH

Spicy Pork Meatballs with Pasta Tortellini Formaggio (V) Hong Kong Sweet & Sour Tofu with Vegetables (VG)

WEDNESDAY LUNCH

Creamy Chicken & Mushroom Pie Quorn Roast (V) Moroccan Freekeh Tray Bake (VG)

THURSDAY LUNCH

Toad in the Hole Chicken Alfredo Coconut Grain Bowls with Squash (VG)

FRIDAY LUNCH

Friday Fish and Chips (plain fish available cooked to order) Pulled Ham, Mushroom & Mozzarella Pasta Aubergine Katsu Curry (VG)

SATURDAY LUNCH

Brunch

SUNDAY LUNCH

Brunch

MONDAY DINNER

BBQ Pulled Pork
Chilli, Soy & Ginger Roasted
Chicken Leg with Plum Sauce
Spicy Root & Lentil Casserole (VG)

TUESDAY DINNER

THEME NIGHT

WEDNESDAY DINNER

Butter Chicken
Spanish Frittata (V)
Aubergine Pilaf (VG)

THURSDAY DINNER

Paprika Fish with Butterbeans
Quorn Cottage Pie with Sweet
Potato Mash (V)
Stir Fried Vegetables in Blackbean
Sauce (VG)

FRIDAY DINNER

Griddled Pork Steak with Thai Red
Cabbage
Vegetable Moussaka (V)
Korean Corn & Lentil Bites (VG)

SATURDAY DINNER

Chicken Night

SUNDAY DINNER

Roast Topside of Beef Roast Chicken & Stuffing Courgette & Chickpea Filo Pie (VG)

> VG - VEGAN V - VEGETARIAN

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Week Commencing 5th February

MONDAY LUNCH

White Turkey Chili
Bubble & Squeak Cake with BBQ
Beans & Melting Cheese (v)
Bean & Jackfruit Chilli (vegan)

TUESDAY LUNCH

Tomato Butter Roast Chicken
Red Onion, Asparagus & Goat's
Cheese Quiche (V)
Charred Miso Glazed Celeriac Steak
with Lentil Salad (VG)

WEDNESDAY LUNCH

Peruvian Chicken with Salsa Criolla & Aji Verde Scampi & Tartar Sauce Samosa Chaat (VG)

THURSDAY LUNCH

Sloppy Joe's Vegetable Pot Pie (V) Sumac, Ginger & Garlic Pan Fried Tofu (VG)

FRIDAY LUNCH

Friday fish and chips (plain fish available cooked to order)
Aubergine Parmigiana (V)
BBQ Cauliflower & Bean Pitta (VG)

SATURDAY LUNCH

Brunch

SUNDAY LUNCH

Brunch

MONDAY DINNER

Jumbo Hotdog with Chilli Onions Turkey Steak with Caper Salsa Thai Vegetable & Aubergine Curry (VG)

TUESDAY DINNER

THEME NIGHT

WEDNESDAY DINNER

Chicken with Mustard, Leek &
Cream Sauce
Sweet & Sour Pork Cantonese Style
Singapore Noodles (VG)

THURSDAY DINNER

Smoked Salmon Pasta with Dill Cream Spiced Halloumi Burger with Red Pepper Hummus (V) Gnocchi with Roasted Tomato Sauce & Olives (VG)

FRIDAY DINNER

Slow Cooked Chicken Thigh Tagine Creamy Tomato Pasta with Spinach (V) Vegetable & Lentil Dhal (VG)

SATURDAY DINNER

Kebab Night

SUNDAY DINNER

Maple Glazed Bacon Loin Buttered Turkey Breast Mushroom Wellington (VG)

VG - VEGAN
V - VEGETARIAN
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