

Easter term 2022

WEEK 1 WC (25/04/2022) **WEEK 5 WC (23/05/2022)**

Monday Lunch

Aubergine wedges with chickpea salsa (vegan)
Charred gammon steak with fried egg
Cannelloni Verdi (v)

Monday Dinner

Beef lasagne with garlic bread
Vegetable and bean burrito (vegan)
Creamy leek, cheese and potato pie (v)

Tuesday Lunch

Newmarket sausage and cheesy mash
Buffalo chickpea stuffed sweet potato (vegan)
Red pesto with penne pasta, roasted peppers & rocket (v)

Tuesday Dinner

Chicken shawarma
Mushroom, leek & sun dried tomatoes with stir fried rice (vegan)
Vegetable korma (v)

Wednesday Lunch

Roast topside of beef and Yorkshire pudding
Lentil, bean & cherry tomato chilli with nachos (vegan)
Cajun baked salmon with pea guacamole

Wednesday Dinner

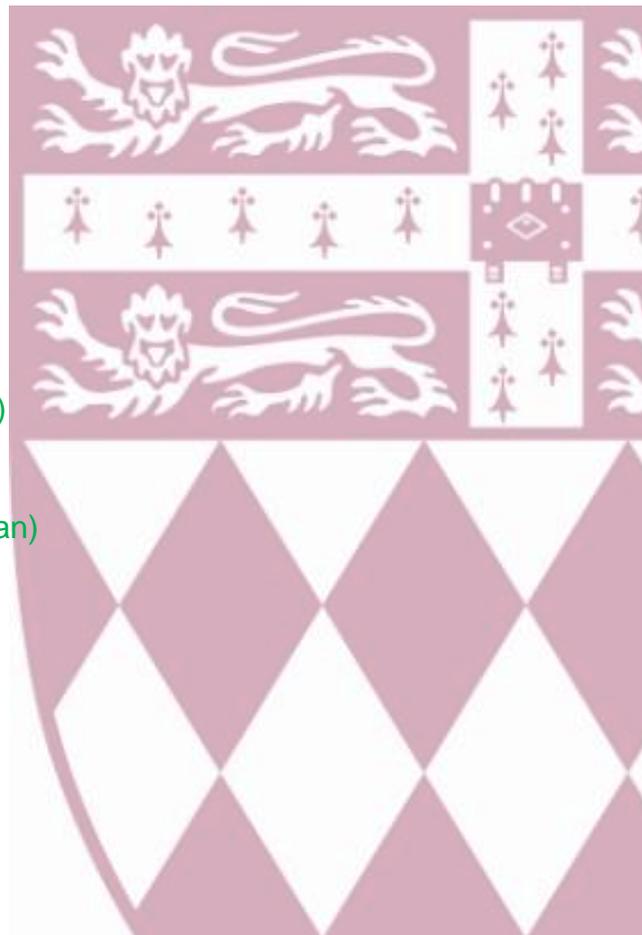
Falafel burger with hummus and salsa (Vegan)
Piri piri pork escalope
Vegetable pad Thai (vegan)

Thursday Lunch

Southern fried chicken
Spicy sweetcorn fritters with sriracha sauce (vegan)
Mediterranean vegetable crumble with feta cheese (v)

Thursday Dinner

Hong Kong sweet and sour tofu with vegetables (vegan)
Grilled turkey steak with chilli bean dressing
Cheese and onion pasty (V)



Friday Lunch

Friday fish and chips (plain fish available cooked to order)

Gnocchi with peppers and arrabiata sauce (vegan)

Mushroom arancini balls (v)

Friday Dinner

Hunters chicken

Char siu baked squash steaks with five spiced beans (vegan)

Onion bhaji and naan burger (v)

Saturday Lunch

Brunch

Saturday Dinner

Chicken breast with cheese and bacon

Chickpea, vegetable & apricot tagine (vegan) with couscous

Vegetable, bean and goats cheese fajitas (v)

Sunday Lunch

Brunch

Sunday Dinner

Roast leg of pork with caramelized apples

Vegetable lasagne (V)

Sweet potato, spinach and chickpea curry and rice (vegan)



WEEK 2 WC (2/05/2022) WEEK 6 WC (30/05/2022)

Monday Lunch

Bang bang tofu and rice (vegan)
Creamy chicken and mushroom with short crust pastry
Tempura cauliflower with tzatziki (v)

Monday Dinner

Vegetable jambalaya (vegan)
Chicken enchiladas
Sweet pepper & potato frittata (v)

Tuesday Lunch

Fish goujons wraps
Roasted vegetables, spinach & potato curry (vegan)
Thai red chicken curry with rice

Tuesday Dinner

Cheese burger in a brioche bun with onion rings
Vegan donor kebab with pitta and salad (vegan)
Buffalo cauliflower wings (vegan)

Wednesday Lunch

Crispy Korean BBQ tofu with rice (vegan)
Pan fried Fish of the day with soy sauce and spring onions
Roast leg of pork

Wednesday Dinner

Lentil & mushroom lasagne (vegan)
Beef lasagne with garlic bread
Korean corn and lentil bites (vegan)

Thursday Lunch

Fresh Chicken with garlic butter and crumb
Aloo tikki with spiced pomegranate cous cous & coriander relish (vegan)
Mushroom ravioli (v)

Thursday Dinner

Crispy chilli beef
Boston bean & sweet potato casserole (vegan)
Chilli bean & vegetable enchiladas (v)



Friday Lunch

Friday fish and chips (plain fish available cooked to order)

Vegetable & lentil dhal (vegan)

Broccoli & vegetable pasta with stilton & toasted pine nuts (v)

Friday Dinner

Katsu chicken curry

Cajun fish burger with salad and salsa

Spicy black eyed bean, aubergine with tomatoes (vegan)

Saturday Lunch

Brunch

Saturday Dinner

Chicken and mushrooms with crispy potato topping

Margherita pizza (V)

Chickpea and pepper burger (vegan)

Sunday Lunch

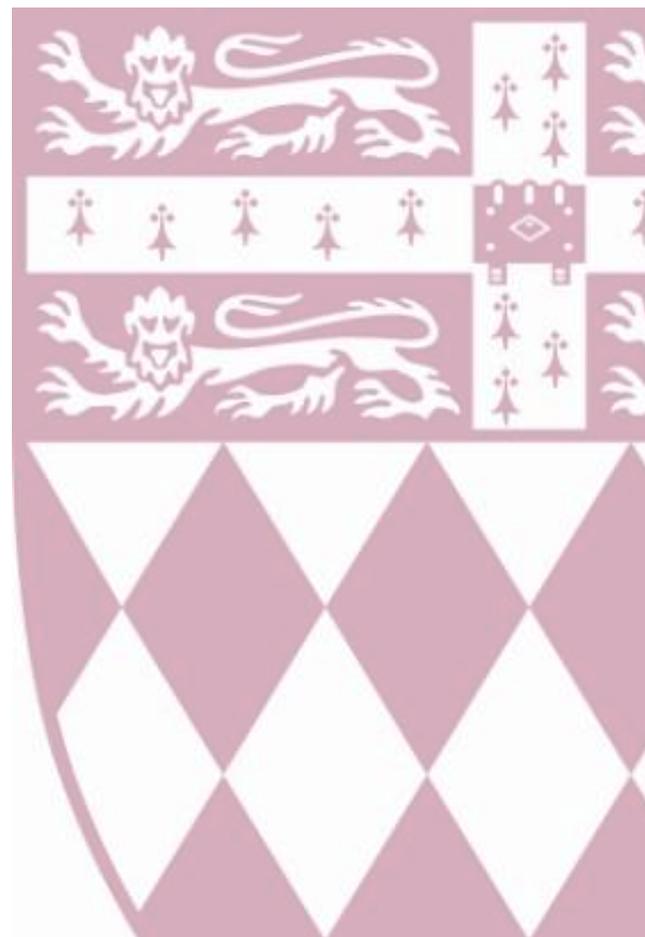
Brunch

Sunday Dinner

Vegetable moussaka (vegan)

Roast turkey with cranberry sauce

Louisiana sweet potato and bean fritter (v)



WEEK 3 WC (9/5/2021) WEEK 7 WC (6/06/2022)

Monday Lunch

Spicy pork meatballs with couscous
Aubergine wedges with chickpea salsa (v)
Vegetable pakora with rice (vegan)

Monday Dinner

Roasted vegetable strudel (vegan)
Breaded pork steak with sriracha sauce

Tuesday Lunch

Shitake seitan burger with kimchi mayo
Kimchi beef burger
Tortellini formaggio (v)

Tuesday Dinner

Spicy sausage and pasta bake
Broccoli katsu curry (vegan)
Sweet and sticky chicken

Wednesday Lunch

Mixed bean and potato goulash (vegan)
Slow cooked beef Brisket
Fish of the day

Wednesday Dinner

Pasta puttanesca (vegan)
Mediterranean vegetable crumble with feta cheese (v)
Beef lasagne with garlic bread

Thursday Lunch

Cumberland sausage ring with caramelised onion sauce
Vegetable and bean burrito (vegan)
Pan fried salmon with soy sauce and spring onions

Thursday Dinner

Baby corn, green pepper & oyster mushroom in black bean sauce (vegan)
Fish goujons wraps
Chicken and mushroom pie



Friday Lunch

Friday fish and chips (plain fish available cooked to order)
Hong Kong sweet and sour tofu with vegetables (vegan)
Chilli, soy and ginger roasted duck leg with plum sauce

Friday Dinner

Mac and cheese with BBQ Beans (v)
Korean corn and lentil bites (vegan)
Mac and cheese with BBQ pulled pork

Saturday Lunch

Brunch

Saturday Dinner

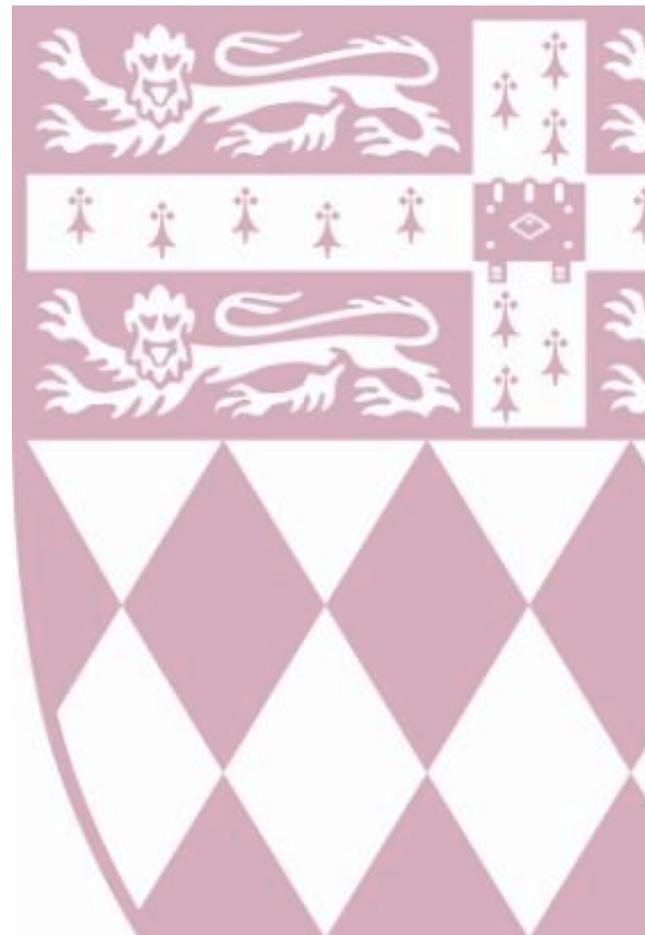
Buffalo cauliflower wings (vegan)
¼ whole roasted piri piri chicken
Vegetable, bean and Quorn shepherd's pie (v)

Sunday Lunch

Brunch

Sunday Dinner

Bang bang tofu and rice (vegan)
Roast chicken and stuffing
Mushroom, leek & sun dried tomatoes with stir fried rice (vegan)



WEEK 4 WC (16/05/2022) WEEK 8 WC (13/06/2022)

Monday Lunch

Grilled & spiced chicken thigh skewer
Sweet potato, spinach and chickpea curry and rice (vegan)
Scampi and tartare sauce

Monday Dinner

Breaded turkey steak with roast garlic mayo
Roast squash and blue cheese tacos (v)
Vegetable and bean fajitas (vegan)

Tuesday Lunch

BBQ bacon with beans
Pea, asparagus with goat's cheese quiche (v)
BBQ vegetable and bean pitta (vegan)

Tuesday Dinner

Beef chilli and nachos
Olive polenta with roasted vegetables (vegan)
Pasta, smoked salmon with lemon and dill sauce

Wednesday Lunch

Roast turkey breast with pigs in blankets
Vegetable Balti (vegan)
Stir fried pasta with squash, spinach, goats' cheese and pine nuts (v)

Wednesday Dinner

Chicken breast with cheese and bacon
Vegetable pakora (vegan)
Fish of the day

Thursday Lunch

Jumbo hotdog with chilli onions
Vegetable and chickpea tagine with almonds and apricots (vegan)
Quorn corn dogs (v)

Thursday Dinner

Charred Tandoori spiced chicken leg with rice
Hong Kong sweet and sour tofu with vegetables (vegan)
Mushroom, spinach and pepper stroganoff (v)



Friday Lunch

Friday fish and chips (plain fish available cooked to order)

Vegetable & lentil dhal (vegan)

Creamy leek, cheese and potato pie (v)

Friday Dinner

Lentil, bean & cherry tomato chilli with nachos (vegan)

BBQ vegetable and bean pitta (vegan)

Chicken Katsu curry

Saturday Lunch

Brunch

Saturday Dinner

Southern fried chicken

Lentil and mushroom lasagne (v)

Nicoise salad with grilled tofu (vegan)

Sunday Lunch

Brunch

Sunday Dinner

Maple glazed whole back of pork

Vegetable bourguignon with dumplings (vegan)

Vegetable, bean and Quorn shepherd's pie (v)

