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Welcome to Fitzwilliam College

Before you read this guide the Fitz JCR presidents would like to issue a warm welcome to you as freshers. Time flies at Cambridge; it doesn't feel long since our own first Michaelmas. We hope you have a wonderful time at Fitz.

While you're here, you'll have a multitude of opportunities in the realms of sports, societies, academia, friendships, music and more. We appreciate that this, along with the novel experience of living in college at Cambridge, may be daunting or overwhelming and we'd like to do our best to alleviate any worries you have.

To aid in your search for survivability at university, the JCR has put together this guide. Have a read of it (it'll be good practice for the further reading you'll be doing in the coming months) and hopefully it'll answer any questions you have about life at college.

One thing we would say as advice is that there is more than one way to manage the workload - it is just as important to look after yourselves and have fun than to get all the work done. Here at Cambridge we like to work hard and play hard, so don't be afraid to sign up for things and try out new experiences; you can always cut back if you need to but you'll never know if you don't try.

Good luck, and welcome to Fitz!

**Hannah Curry and Charlie Mack**

**JCR Co-Presidents 2022**
## What's happening over the next week?

### Freshers’ Week Schedule

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday 30th September</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30 am - 5:00 pm</td>
<td>Freshers’ Arrival</td>
<td>Please have yourselves dropped off at the Porters’ Lodge on Storey’s Way, where JCR committee members and Freshers Reps will be on hand to help you move in. You’ll collect your key and CamCard before being shown the way to your room by our friendly helpers.</td>
<td>Porters’ Lodge</td>
</tr>
<tr>
<td>10:30 am - 5:00 pm</td>
<td>Tours around College and Cambridge</td>
<td>Get to know the college and the city through our fabulous college tours leaving from outside the Auditorium at 12pm, 1pm, 2pm, 3pm and 4pm, and Cambridge tours leaving from the North Entrance at 11.30am, 1:30pm and 3pm!</td>
<td>Auditorium (College tours), North Entrance (Cam tours)</td>
</tr>
<tr>
<td>3:00 pm - 4:00 pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00 pm - 5:00 pm</td>
<td>Meet your Corridor</td>
<td>Your Corridor Reps will be round with tea &amp; biscuits to help your corridor settle in. Small-talk will be initially awkward, but you’ll soon get the conversations flowing!</td>
<td>Various Locations</td>
</tr>
<tr>
<td>5:00 pm - 6:00 pm</td>
<td>Meet the JCR</td>
<td>Even if you’ve avoided everyone today, you need to meet your JCR so you know who to go to if you have any problems! Ents Officers will be there to collect tickets from, and we’ll all be on hand to answer any questions you have.</td>
<td>Reddaway Room</td>
</tr>
<tr>
<td>6:00 pm - 7:00 pm</td>
<td>Dinner</td>
<td>Reward your hard work unpacking with some hot food cooked for you. The Buttery serves dinner from 6-7pm.</td>
<td>Buttery</td>
</tr>
<tr>
<td>8:00 pm - 9:30 pm</td>
<td>Speed Friending</td>
<td>You’ve met your corridor; you’ve met your staircase - now it’s time to meet your year-group! Get ready to meet a lot of people!</td>
<td>Buttery</td>
</tr>
<tr>
<td>9:30 pm - 11:00 pm</td>
<td>Freshers Social</td>
<td>Perhaps it’s too early to have a boogie with people you barely know, so we thought a relaxed evening in the bar would be in order.</td>
<td>Bar</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Saturday 1st October</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
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<td>Auditorium (College tours), North Entrance (Cam tours)</td>
</tr>
<tr>
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<td>Meet your Corridor</td>
<td>Your Corridor Reps will be round with tea &amp; biscuits to help your corridor settle in. Small-talk will be initially awkward, but you’ll soon get the conversations flowing!</td>
<td>Your Kitchen</td>
</tr>
<tr>
<td>4:00 pm - 5:00 pm</td>
<td>Meet your Staircase</td>
<td>Your Corridor Reps will lead you to another room in College to meet the people living below and above you. There’ll be cheesy ice-breakers, but it’s all for the best!</td>
<td>Various Locations</td>
</tr>
<tr>
<td>5:00 pm - 6:00 pm</td>
<td>Meet the JCR</td>
<td>Even if you’ve avoided everyone today, you need to meet your JCR so you know who to go to if you have any problems! Ents Officers will be there to collect tickets from, and we’ll all be on hand to answer any questions you have.</td>
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</tr>
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<td>Perhaps it’s too early to have a boogie with people you barely know, so we thought a relaxed evening in the bar would be in order.</td>
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</tr>
</tbody>
</table>
### Sunday 2nd October

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
</table>
| 11:30 am - 1:30 pm | College Family Brunch  
Enjoy brunch with your new College Family. Brunch takes place every weekend at 11.30am-1.30pm in the Buttery. Hopefully your College Parents have been in contact with you to arrange a time for Brunch. If not, please contact Vice President Elizabeth. One of your parents should study the same/similar subject as you, so do pester them for help/notes/tips. They've been there before and will have lots of knowledge to pass on! | Buttery       |
| 1:30 pm - 4:30 pm  | Freshers Workshops  
Separate timetable will be sent out | Various Locations |
| 4:00 pm - 6:00 pm  | Fitz Freshers Fair and Gown Sale  
You need to have a gown in time for Matriculation Dinner on Monday, so if you cannot make this time, please let Treasurer Alex know! All Fitz Societies and Sports Clubs will be at the Fair to convince you to join. Come along to find out what there is for you, and meet new people on the way! Checkout the sports & societies section of this guide for an idea of what’s on offer. | Upper Hall    |
| 6:00 pm - 9:00pm  | Fitz Garden Party  
A fantastic chance to meet students from all year groups at Fitz, in a relaxing outdoor social! Light refreshments will be provided. | Grove Lawn    |

### Monday 3rd October

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
</table>
| Throughout the Day | Director of Studies and Tutor Meetings  
Your Director of Studies & Tutor will be in touch about times and locations to meet them for the first time. | Various Locations |
| Throughout the Day | Library Inductions  
Organised by subject, you'll receive information about these to your emails. Chris, our lovely Librarian, will introduce you to the resources of the Library. | Various Locations |
| 10:30 am - 12:15 pm | Welcome Talks  
An official welcome by the College along with heaps of information. This will be taking place in two locations across college – you’ll hear from college directly as to which location you should attend. | Auditorium    |
| 12:00 am - 6:00 pm | Study Skills Workshops  
Organised by subject, you'll receive information about these to your emails. Study Skills workshops will be lead by a fellow of the College. | Various Locations |
| 12:30 pm - 1:30 pm | International Mixer  
Join our International Officer Caila to get to know your fellow international students at a fun and relaxed event! | DeSmith Room  |
| 1:00 pm - 5:00 pm | University Sports Fair  
The Sports Fair will showcase over 70 sports clubs and societies from across the University, promoting the sporting opportunities available during your time at Cambridge. Clubs will be performing demos throughout the day in the Sports Hall, there’s be other activities to get involved in, and a free shuttle bus will be running from Queen’s Road to the Sports Centre throughout. | University Sports Centre |
| 6:50 pm - 9:30 pm | Matriculation Dinner  
Prepare for the most special meal of your academic career as you celebrate matriculation. Matriculation is Cambridge jargon for signing a document promising to be good, joining the University and College officially. | Upper Hall then Buttery |
| 9:30pm - 11:30pm | Fitz Sessions  
Fitz Sessions is Fitz’s favourite music showcase, happening a couple of times each term. Enjoy a relaxed evening of live music. If you want to perform, just shoot the Ents team a message! | Bar           |
**Tuesday 4th October**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00 am - 10:30 pm</td>
<td>Director of Studies and Tutor Meetings</td>
<td>Various Rooms</td>
</tr>
<tr>
<td>9:00am - 1:00pm</td>
<td><strong>Rowing Taster Sessions</strong> Sign up via the FCBC facebook page to bag a spot to try out this iconic Cambridge sport!</td>
<td>Boathouse</td>
</tr>
<tr>
<td>10:00am - 4:00pm</td>
<td><strong>Cambridge SU Freshers Fair</strong> The annual Uni-wide Societies’ Fair is the best opportunity to properly explore what student life at Cambridge has to offer. There will be so many societies giving out information as well as plenty of free stuff, in a bid to get you to join them. Dominos are often out offering free pizza and coupons to last the whole term! You need to book (free) tickets on the SU website!</td>
<td>Parker's Piece</td>
</tr>
<tr>
<td>10:45 am - 12:30 pm</td>
<td><strong>Matriculation Photo and ID Checks</strong> You will have an individual &amp; a group photo taken. The group photo will be of the year group, the JCR Presidents, your Tutors and Senior Members of College including the Master. This is the part where you become an official member of the Fitz and University family!</td>
<td>Grove Lawn</td>
</tr>
<tr>
<td>1:00pm - 2:00pm</td>
<td><strong>Class Act Pizza</strong> Join our Class Act Officer Inka to get to know your fellow class act students, and while you're at it, take advantage of the free pizza!</td>
<td>JCR Room</td>
</tr>
<tr>
<td>3:00pm - 5:00pm</td>
<td><strong>Rugby Taster Session</strong></td>
<td>Oxford Road Rugby Pitches</td>
</tr>
<tr>
<td>9:00pm - 1:30am</td>
<td><strong>Fitz Up!</strong> The night to remember of Freshers’ Week - Fitz Up is always sold out, so grab your ticket early. The JCR have converted the Auditorium into a nightclub scene. A live band will provide the entertainment for half the night, with a DJ taking over for the last couple of hours. Cheap drinks, cheesy dance moves and great fun guaranteed.</td>
<td>Auditorium</td>
</tr>
</tbody>
</table>

**Wednesday 5th October**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00am - 4:00pm</td>
<td><strong>Cambridge SU Freshers Fair</strong> If you didn't get a chance to get to the fair on Tuesday, it's on again all day today. You'll need to have booked the free tickets on the SU website to be able to attend!</td>
<td>Parker's Piece</td>
</tr>
<tr>
<td>12:00pm - 1:00pm</td>
<td><strong>Women’s and Non-Binary Coffee and Cake</strong> Join our Women’s and Non-Binary Officer Freya to get to know your fellow female and non-binary students with a cuppa and some cake!</td>
<td>JCR Room</td>
</tr>
<tr>
<td>1:00pm - 5:00pm</td>
<td><strong>Rowing Taster Sessions</strong> Sign up via the FCBC facebook page to bag a spot to try out this iconic Cambridge sport!</td>
<td>Boathouse</td>
</tr>
<tr>
<td>1:00pm - 2:00pm</td>
<td><strong>LGBTQ+ MarioKart</strong> Join our LGBTQ+ Officer Aiden to get to know your fellow LGBTQ+ students and try not to get too competitive in the MarioKart races!</td>
<td>DeSmith Room</td>
</tr>
<tr>
<td>1:00pm - 2:00pm</td>
<td><strong>BME Social</strong> Join our BME Officer Lois to get to know your fellow BME students and have a boogie, or get competitive with our pool and foosball table! Oh, and there's free pizza!</td>
<td>JCR Room</td>
</tr>
<tr>
<td>2:00pm - 3:00pm</td>
<td><strong>Nail Soc Welfare</strong> Come along for some chill welfare and nail painting - get the nails you’ve always dreamed of!</td>
<td>JCR Room</td>
</tr>
</tbody>
</table>
### Thursday 6th October

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Throughout the day</td>
<td>Lectures Begin</td>
<td>Various Locations</td>
</tr>
<tr>
<td>7:00pm - 9:00pm</td>
<td>Party Games Evening</td>
<td>JCR Room</td>
</tr>
<tr>
<td>7:30pm - Late</td>
<td>Pub Crawl</td>
<td>Bar</td>
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</table>

### Friday 7th October

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Throughout the day</td>
<td>Lectures Continue</td>
<td>Various Locations</td>
</tr>
<tr>
<td>3:00pm - 5:00pm</td>
<td>JCR x MCR x College Welfare Drop-in</td>
<td>Upper Hall 1</td>
</tr>
<tr>
<td>7:30pm - 11:00pm</td>
<td>Film Night</td>
<td>JCR Room</td>
</tr>
</tbody>
</table>

### Saturday 8th October

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Throughout the day</td>
<td>Lectures Continue</td>
<td>Various Locations</td>
</tr>
<tr>
<td>9:00am - 1:00pm</td>
<td>Rowing Taster Sessions</td>
<td>Boathouse</td>
</tr>
<tr>
<td>10:00am - 3:00pm</td>
<td>Plant Sale</td>
<td>JCR Room</td>
</tr>
<tr>
<td>7:00pm - 10:00pm</td>
<td>Sidney x Fitz Access</td>
<td>Sidney Sussex Bar</td>
</tr>
<tr>
<td>7:30pm - 10:00pm</td>
<td>Craft Night</td>
<td>JCR Room</td>
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</tbody>
</table>

### Sunday 9th October

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30am - 12:30pm</td>
<td>Freshers Workshops</td>
<td>Various Locations</td>
</tr>
</tbody>
</table>
Monday 10th October

<table>
<thead>
<tr>
<th>6:00pm - 7:00pm</th>
<th>Various Locations</th>
<th>Lectures Continue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freshers' Service</td>
<td>Chapel</td>
<td>Throughout the day</td>
</tr>
<tr>
<td>People of all faiths and none are welcome to this first choral evening service of the year where the Chaplain will be preaching the welcome message and the choir will be performing. The service is followed by an informal supper with pizza, wine and soft drinks for all.</td>
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<table>
<thead>
<tr>
<th>7:00pm - 9:30pm</th>
<th>JCR Room</th>
<th>Various Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot Chocolate and Chat</td>
<td>Chapel</td>
<td>7:00pm - 8:00pm</td>
</tr>
<tr>
<td>Need a rest from all that activity and your first hectic week or so of lectures? Come join us for a chat (or a moan) about life in Cambridge so far!</td>
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<table>
<thead>
<tr>
<th>8:30pm - Late</th>
<th>MASH</th>
<th>Various Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hill College Club Night</td>
<td>Chapel</td>
<td>8:00pm - 9:30pm</td>
</tr>
<tr>
<td>Get together with even more Hill Colleges with a club night at MASH. Grab your tickets early to avoid disappointment! Meet in the bar from 8:30 and then we’ll walk down at 9:30!</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>6:00pm - 7:00pm</th>
<th>Various Locations</th>
<th>Lectures Continue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freshers' Concert</td>
<td>Chapel</td>
<td>7:00pm - 8:00pm</td>
</tr>
<tr>
<td>An entirely informal platform for freshers, undergraduates and postgraduates alike to play and/or sing. All standards and all (acoustic) genres welcome! Email Rebecca Severy (Music Soc - rms216) or Catherine Groom (Music Director - cmg72) if you’d like to perform. Otherwise just come along and enjoy!</td>
<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>8:00pm - 9:30pm</th>
<th>Bar</th>
<th>Various Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pub Quiz</td>
<td>Bar</td>
<td>8:00pm - 9:30pm</td>
</tr>
<tr>
<td>Join our Ents Exec Percy for the first night of the weekly pub quiz. Grab a team or go it alone and see if you can beat all the others to the prize.</td>
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</tbody>
</table>

Keep an eye on the Fitz JCR Instagram (@fitzwilliamjcr) for any changes to this timetable!
What societies can I get involved in at Fitzwilliam?

There are also loads of university societies you can (and should) get involved in! Check out the CamSU Website: https://www.cambridgesu.co.uk/opportunities/societies

Fitzwilliam Societies

Chapel Choir
Contact: Catherine Groom (music@fitz.cam.ac.uk)
The Chapel Choir is an auditioned choir which sings for the chapel's choral service every Sunday, as well as performing at many of the college's important events throughout the year. There is also the opportunity to sing secular music at concerts and garden parties during the year. More information can be found on the Chapel Choir's page.

Chess Society
Contact: Joshua Lam (jchl8)
Contact Joshua Lam (jchl8@cam.ac.uk) to find out more about this society.

Christian Union
Contact: Sakhina Benkmael
We are a combined Christian Union group of students at Fitzwilliam and Murray Edwards colleges who are really passionate about Jesus Christ and want to make Him known in Cambridge. We have no affiliation with one particular church but are formed from a variety of denominations, all united in our love for Jesus!

Climbing Society
Contact: Gabe Gentille (gagg2) & Caitlin van Bommel (cv358)
Contact Gabe Gentille (gagg2@cam.ac.uk) or Caitlin van Bommel (cv358@cam.ac.uk) to find out more about this society.

Debating Society
Contact: Laura Burland O'Sullivan (ljb213)
Fitzwilliam College Debating Society hosts a popular programme of fortnightly debates on a wide variety of issues. Our debates involve student speakers from all colleges and are followed by a short talk by an external guest, who in many cases also take part as a debater.
Economics & Finance Soc
Contact: George Gatsios (gg480)
We host regular events throughout the academic year accessible to all members of the college. These are comprised of a mix of academic and career focused speakers, as well as more informal gatherings, often accompanied by a formal hall.

Fine Arts
Contact: Louis Henry (lh719)
Contact Louis Henry (lh719@cam.ac.uk) to find out more about this society.

Fitz Barbershop
Contact: George Bird (grb44)
Fitz Barbershop is an all-singing, all-dancing, all-male a capella group sporting boaters, bow ties and impossibly garish waistcoats, seen performing at May Balls and all kinds of events around Cambridge. Though based primarily at Fitz, we attract some of the best male vocal talents from across the University to put our distinctive harmonious spin on anything from Disney to West Side Story to cheesy pop tunes.

Fitz Sirens
Contact: Rebecca Severy (rms216)
The Fitz Sirens are Cambridge's original all-female and non-binary a cappella group! We are experts at mixing sass, style and singing and enjoy performing old barbershop favourites alongside chart hits. We are based at Fitz but have members from a range of colleges, making up a tight-knit friendly group of 10-12. We rehearse twice a week, devising cheesy dance moves as well as nailing our harmonies, and enjoy the odd social too.

Fitz Chamber Orchestra
Contact: Catherine Groom (music@fitz.cam.ac.uk)
Contact Catherine Groom (music@fitz.cam.ac.uk) - the Fitzwilliam College Director of Music to find out more about this society!

Fitz LGBT+ Society
Contact: Milosz Kowalski (mjk95)
We are an active society that runs various social events for the Fitz LGBTQ+ community, including regular meet-ups, drinks nights, house parties, film nights, and more! Keep up to date with our Instagram: @fitz.lgbt
Freshers events: Queer Tea Afternoon 6th October (3pm-5pm - JCR), LGBTQ+ House Party 7th October (9:30pm - 87 Oxford Road - BYOB).

Fitz Sirens
**Fitz Swing**  
Contact: Freya Prince (fp389)  
Fitz Swing is a 20 piece big band which, although based at Fitz, takes in talented players from all over the university. With frequent gigs, social events and tours abroad, it’s a great way to meet new people and have fun at Cambridge while at the same time playing some great music! Find us on Facebook to have a listen to a track from our latest CD.

**Fitz Theatre**  
Contact: Jake Fenton (jdf57)  
Fitz Theatre is Fitzwilliam College's society dedicated to the performing arts. Whether you're interested in drama, comedy or musical theatre, being on stage or working behind the scenes, Fitz Theatre is the place to let your creative imagination go wild. Past productions include Greek tragedy ‘Medea’ and ‘All the Jingle Ladies’ - a Freshers' Sketch Show - and future performances could range from Shakespeare to fresh, new student writing. So get involved!

**Geography**  
Contact: Matthew Harris (mh2069)  
Contact Matthew Harris (mh2069@cam.ac.uk) to find out more about this society.

**Gospel Choir**  
Contact: Gloria Asiegbu (gnua2)  
Contact Gloria Asiegbu (gnua2@cam.ac.uk) to find out more about this society.

**History Society**  
Contact: Louis Henry (lh719)  
Contact Louis Henry (lh719@cam.ac.uk) for more information about this society.

**Jewish Society**  
Contact: Adam Haffner (ah2199)  
Fitz Jewish Society is a society for celebrating & engaging with Judaism whilst at Cambridge, and developing a social network of Jewish students at Fitz & across the hill colleges. We provide a pluralist & inclusive space for Jewish people of all levels of observance. Throughout the year, we host events to celebrate Jewish festivals, & host an annual formal (Kosher food provided!). We can also help with accommodating religious observance in college. We're open to all people joining and anyone interested should get in touch!
The Fitzwilliam Natural Sciences society acts to both support and run events for both Natural Sciences students and anyone interested in science. From providing termly talks on pressing topical issues, and liaising with leading law firms and barristers' chambers for talks on graduate jobs and careers, there is a yearly mooting competition, which is always hotly contested.

If you're interested in getting involved then you can find us on Facebook.

We host a triannual dinner open to all students of Fitz, past and present.

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**Law Society**  
**Contact:** Ola Ogunnaike (oo284)  
During term, the society supports the current students. In addition to providing termly talks on pressing topical issues, and liaising with leading law firms and barristers' chambers for talks on graduate jobs and careers, there is a yearly mooting competition, which is always hotly contested.

We host a triannual dinner open to all students of Fitz, past and present.

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**Medical & Veterinary**  
**Contact:** Justine Chan (jtc2) & Buraq Ahmed (ba425)  
FCVMS is a society that represents the medical and veterinary students of the college. We host regular talks and social events and an annual society dinner in Lent term. While most of our members are medics and vets, we also offer membership for students taking any subject who is interested in the life sciences. We have a range of resources available that support our members undertaking any MVST IA/IB subjects or any shared NST subjects.

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**Music Society**  
**Contact:** Rebecca Seyver (rm2216)  
The College's Music Society regularly organises both professional and student concerts, and organises one of the best garden parties in May Week. Look out for our 'Music on Mondays' series at 7pm each Monday, in a variety of venues, including Freshers' and Christmas Concerts, an evening of original composition and singer-songwriting & Fitz Swing's 30th Birthday.

Contact Faaiza Bashir (fb529@cam.ac.uk) for more information about this society.

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**Nail Painting**  
**Contact:** Emily Bell (eb827)  
Contact Emily Bell (eb827@cam.ac.uk) for more information about this society.

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**Natural Sciences Society**  
**Contact:** Daan Timmers (djt66)  
The Fitzwilliam Natural Sciences society acts to both support and run events for both Natural Sciences students and anyone interested in science. From providing academic resources to running talks and events, the society aims to be useful and fun for all. (Stash is also planned!)

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**South Asian Society**  
**Contact:** Faaiza Bashir (fb529)  
Contact Faaiza Bashir (fb529@cam.ac.uk) for more information about this society.
SPORTS AT FITZWILLIAM

Fitzwilliam has a proud tradition of sporting excellence & facilities to match. If you want to find out more or have any questions, contact Maya Hodgson (mah232 - President of Sports and Societies) or Bethany Haran (bh492 - Vice President of Sports and Societies).

Athletics
Contact: Alex Blake Martin (apb86)
Fitz has recently been very successful in athletics, winning Autumn Cuppers in 2019. We always enter a large team, so whether you’re aiming to be the next Jess Ennis or just fancy giving it a go you’re always welcome to compete. Fitz Cross Country team was revived recently, and has also been very successful. There are two races in each of the first two terms, one of five miles (three for women), and a relay of two to two-and-a-half miles per leg.

Badminton
Men’s Team Contacts: Ashwin Gunasekaran (ag2169) & Colin McCann (cpm59)
Women and Non Binary Team Contact: Natalie Rose (ncr36)
Fitz has its very own badminton court (in the auditorium) and a friendly club running weekly practices. All standards of players are welcome! We run social sessions as well as team practices – and you can come along as often as you wish. Each year, Fitz enters both Men’s and Women’s doubles teams into the intercollegiate leagues, as well as entering Cuppers.

Basketball
Contact: Nathan Jin (dj383)
The Fitz Basketball Club was set up last year comprising a handful of students who enjoyed playing basketball. As such, the atmosphere is quite relaxed and informal. No matter your skill level, if you think you might enjoy playing basketball, you’re welcome to come along!

Cricket
Contact: Krish Verma (kv333)
Fitz has dominated the intercollegiate cricket scene in recent years, winning all four Cuppers competitions from 2016-19. We schedule fixtures around exams throughout Easter Term and it makes for an excellent break from work, with plenty of opportunity for those of all cricketing abilities to shine through a range of ‘friendly’ fixtures against other colleges, local teams, the staff and the old boys. Winter nets take place during Lent term and will be rigorously observed for the slightest hint of hand-eye co-ordination.

Cycling
Contact: Tom Hale (tjb93)
Cambridge is sometimes described as the cycling capital of the UK so being at Cambridge is a great time to get involved in cycling! Do get in touch if you’re interested in competitive cycling. We’d love to hear from you!
**Football**

Men's Team Contacts: Cass Ashworth (cga28) & Thomas Willock (tnpw2)
Women and Non Binary Team Contact: Daphne Chan (wjd2c) & Lottie Malaleey (cm2083)

Fitz is THE college if you want to play competitive college football, winning silverware as part of a friendly, inclusive team. Fitz has 3 mens teams and one women and non-binary team. The mens first team have been nicknamed the "Fitzvincibles" having won the league in 2016/17 and 2018/19, and Cuppers three years on the bounce in 2017-19, being cheered on by a 100-strong fan base in the finals.

**Hockey**

Contact: Gabriel Kerwick (gk446)

Trinity-Fitz, coined 'Titz' is a joint-college hockey club! We play weekly games against other colleges in both men's and mixed games. We have a range of abilities, and we would love you to come and give hockey a go if you think that you would enjoy it!
We have a very welcoming atmosphere and would love to see some new faces this year!

**Lacrosse**

Contact: Simon King (sk2057)

Fitz has an enthusiastic and rapidly growing mixed lacrosse team, which is great fun both on the pitch and on the social scene; it is a joint team with Murray Edwards and Peterhouse so is a great way to meet new people outside college, as well as a perfect place for a run out on a Sunday afternoon. Saying that, we had a great run in Cuppers last year and we come away with many a win in our weekly matches! It can be as relaxed or as competitive as you like, so get involved!

**Netball**

Mixed Team Contacts: Holly Oakley (hco29) and Barton Muller (blm38)
Women's Team Contact: Savannah Arora (sa2069)

Netball is one of the biggest societies at Fitz and has great team spirit. Players of all abilities are welcome, whether you have some experience or have never played before! Netball at Fitz is friendly and enjoyable, with the perfect balance of fun and serious. It is open to all levels and you do not need to trial to participate, so please come along!

**Pool**

Contact: Krish Verma (kv333)

Fitzwilliam College has a free Pool table located in the JCR, as well as a Pool team that regularly enters into the College League as well as the Cuppers Tournament, and were able to play against the other colleges in Division One last year. The Fitz Pool Team welcomes players of all levels of skill and commitment and encourages all players to enjoy the game. We're hoping to keep our spot in Division One this year with the classic Fitzwilliam grace, skills and banter.

**Rowing**

Contact: Octave Oliviers (ofao2)
Men's Team Contacts: Octave Oliviers (ofao2) & Mans Holmberg (mlh58)
Women's Team Contacts: Emily Parry (egp34) & Shannon White (sfw33)

Fitz Boat Club offers students a new opportunity, and encourages current athletes to train at a high level. In Michaelmas term we aim to put out three men's and three women's novice crews, plus at least one senior crew on each side. Aside from the sport aspect, FCBC offers a variety of social events including the Boat Club Dinners each term, and gives students a great way of meeting new people from throughout College and Cambridge as a whole. Taster sessions are on these dates: 4th October (9:00-13:00), 5th October (13:00-17:00) and 8th October (9:00-13:00). Sign up via the FCBC Facebook change to get your spot to try out this iconic Cambridge spot!
Rugby

Men’s Team Contact: Tom Byan (tr452)
Women and Non Binary Team Contact: Apriya Millan (akm69)

FSCRUFC secured a historic double in 2020 – winning both Division One and Cuppers – validating Fitz as Cambridge's top rugby college. The club is proudly partnered with Sidney Sussex College, with whom many players have established firm friendships. The partnership, now in its fifth-year, has also allowed the FSCRUFC's Sevens line-up to flourish taking nine members of the squad to the United States on tour playing Harvard, MIT, and Princeton.

Squash

Contact: Maya Hodgson (mah232)

Contact Maya Hodgson (mah232@cam.ac.uk) for more information about this society.

Running

Contacts: Ewan White (ejw212) & Sophie Fallon (sf711)

FSCRUFC secured a historic double in 2020 – winning both Division One and Cuppers – validating Fitz as Cambridge's top rugby college. The club is proudly partnered with Sidney Sussex College, with whom many players have established firm friendships. The partnership, now in its fifth-year, has also allowed the FSCRUFC's Sevens line-up to flourish taking nine members of the squad to the United States on tour playing Harvard, MIT, and Princeton.

Tennis

Contact: Oliver Breedon (ojb45)

Tennis fields strong Men’s and Ladies’ teams that compete in Cuppers each year and there is plenty of opportunity to play socially as well. With our own hard court at Oxford Road and three more grass courts in Summer term, facilities are excellent and the club places great emphasis on everyone getting involved, whatever your level.

Ultimate Frisbee

Contact: Tom Lopez (tfl27)

We are an Ultimate Frisbee team which participates in the college league. Through all these activities we provide the ideal introduction for the University-level Ultimate team, Strange Blue, which have created this video to explain Ultimate. Your college team, The New Thundercatz, represent six colleges (St Catharine's, Trinity Hall, Fitzwilliam, Girton, Caius and Magdalene) so it’s a great chance to meet players from other colleges and play a competitive sport in a highly-spirited manner.

Varsity Ski Trip

Contact: Bethany Haran (bb429)

The Varsity Ski Trip is the annual Cambridge and Oxford University ski trip and is the largest and oldest trip of its kind in the world. Every year Fitzwilliam has a great turnout of numbers to the trip with students of every year attending. On the trip aside from skiing there is yoga, après, mountain meal, bar crawls, bingo, opening and final night parties and of course the Varsity Races. Over this term there will be some promotional events to get to know others attending the trip.
Water Polo

Contact: Josef Wheeler (josef.wheeler@xcede.de)

Water polo is a thriving sport at Fitzwilliam. We compete in college league as well as Cuppers and have recently achieved many successes. This squad is accessible to all members of the College and is comprised of individuals of a variety of skills and experiences. For the 2020-21 season, we are very lucky to have the University Men's Water Polo Captain and Coach leading the Fitzwilliam side, providing a strong backing to our already strong side.
MEET THE
FITZWILLIAM JCR

JCR stands for Junior Common Room - basically a College Students Union

Here’s a rundown on the Fitz JCR team for 2022. Please check out our pages on the website for more information and use the contact form there to quickly and easily get in touch with us about anything on your mind. You can also message any of us on Facebook or email us!

Hannah Curry
Co-President

Charlie Mack
Co-President

Elizabeth Eaton-Banks
Vice President

Hannah Lilly
Secretary

Barton Muller
Treasurer

Percy Hartshorn
Ents Executive

Luke Franks
Welfare Executive

Emily Parry
Welfare Executive

Hannah Curry
Co-President

Freya Prince
Women’s Officer

Ilse Owens
Disabilities Officer

Lois Akinnagbe
BME Officer

Inka Kotopouli
Class Act Officer

Robert Barker
Target and Access Officer

Caiara Khubchand
International Officer

Grace Read
Ethical Affairs Officer
Sharliny Ratnasingham
Ents Officer

Ishaka De Bessou
Accommodation and Services Officer

Kyle Van Der Spuy
Website and Technology Officer

Miriam Lay
Academic Affairs Officer

Raymond Apena
Ents Officer

Sharlina Ratnasingham
Ents Officer
Overwhelmed by your new life at uni already? Here are a few helpful tips about some of the essentials!

### Getting Online

Your CRSid stands for ‘Common Registration Scheme Identifier.’ Your CRSid is your login name used to identify you on Cambridge online services. It also forms the start of your standard Cambridge @cam.ac.uk email address. For example, you can contact the Vice President Elizabeth at ece30@cam.ac.uk.

Email is the main way of communication in Cambridge as well as Raven, the University wide web authentication service. The college, course organisers and supervisors will frequently contact you by email so make sure you check it regularly. The Fitz JCR also sends out emails such as the weekly Billy Bulletin and other updates. Your Raven login is needed to access all of your Cambridge accounts, including Moodle, CamSIS etc. Microsoft Outlook is where you will access your emails, calendar and more. It is useful to download it on your phone as well.

In late August, will you be sent an email from the Student Registry containing information about how to complete your student registration. Once that is complete, you will be given a link to your CRSid.

CamSIS is Cambridge’s system for handling student information, records and transactions. It is also where you can access your student record, from application all the way to graduation, and your official University and College transcripts. Access it through Raven using your CRSid.

Eduroam is the Wi-Fi service that allows you to connect your laptop and phone to the internet while in Cambridge. It should be available in all colleges, faculty buildings and other university departments. It is also accessible on the campuses of most universities in the UK and across Europe. To login to Eduroam, you’ll need to collect your network access token at http://tokens.csx.cam.ac.uk/. Your ‘Eduroam identifier’ is your CRSid followed by @cam.ac.uk.

Apart from your Cambridge emails, you will be using Facebook a lot for information, groups, group chats and messaging so definitely get it if you haven’t already. A lot of informal student communication and organisation for societies is done through there. A lot of things related to college get posted on ‘Official Fitz Group’ - if you haven’t been added to this yet, message a JCR Committee member!

If you need a VPN to access Facebook, Google Forms or other sites, Cambridge provides one at [http://www.ucs.cam.ac.uk/vpn](http://www.ucs.cam.ac.uk/vpn).
**Welfare**

**Your Tutor** - You will be allocated a tutor who looks after all of your welfare and non-academic needs and will usually remain with you throughout your degree. They are not connected to your subject so that you can raise any problems about your course or supervisors. Any issue no matter how big or small, whether academic, social, financial, medical or related to your home life can be brought to your Tutor's attention.

You will have a meeting with them at the start and end of every term to check how you are going. For example, if you are having financial difficulties, your tutor should be your first point of contact who can point you in the direction of various hardship funds.

**College Welfare Coordinator** - The College has recently appointed Claire Thompson to the newly created post of Wellbeing Coordinator to support students, staff and Fellows. Her role is to provide advice and support for individual students and those working with them (including among others Tutors, tutorial staff, porters, Chaplain, student representatives), and liaise with the College Counsellor and University Counselling service, College Nurse and NHS provision.

**College and University Counselling** - Our College counsellor is Mary Cavander Attwood. You can contact her directly to arrange a meeting at counsellor@fitz.cam.ac.uk.

The University Counselling Service employs professional trained counsellors for students to talk about any of their problems. It is best to contact them through your Tutor but you can also contact them directly at 01223 332865 or at www.counselling.cam.ac.uk. Services are free and confidential.

**The JCR (Students Union)** - As the JCR, we are here to serve you. Specifically, the Welfare officers are here to address any questions or concerns you have and are always happy to chat about anything you like. Even if we can't help with something specific, we are happy to point you to the right people.

Feel free to contact us before and throughout your time at Cambridge whether that is through Facebook, our emails or anonymously through the JCR website: https://www.fitzjcr.com/contact/. You can also anonymously request contraception from the JCR; more details on our website: https://www.fitzjcr.com/welfare/.

**College Families** - The college family system is a great support network for all undergrads in Cambridge, where you will be allocated another fresher ‘sibling’ and two ‘parents’ in the year above you.

It works as an informal peer support/welfare system where your parents are available for advice, a chat and to welcome you to college. It’s also a great way to ask questions about your studies as one of your parents should be studying the same subject as you. Often, your family are the first people from other years you get to talk to before you arrive, so they will be very useful. They may also have experienced a lot of similar problems, so no query is too weird!
Food and Drink

Café and Bar
The café is a popular place in college where students often go to eat, chat or study. It is open from 8am-6pm and serves a selection of food and drinks, all at a cheap price. In the evening, the space becomes a bar where you can get a selection of food, snacks, alcoholic and non-alcoholic drinks. Everything can be paid for on your college card.

Buttery
The buttery is the dining hall open throughout term and lunchtime from 12.30pm-1:30pm and for dinner from 6pm-7pm. On weekends, there is brunch served from 11.30am-1:30pm. The menu and prices can be found on the college website. Generally meals range from £3-£5 and you can either eat in the buttery or have takeaway. Bring your own takeaway containers as an environmentally better and cheaper option.

The buttery is also where formal halls take place at 7.30pm, which is a nice way to have a fancy 3-course dinner. It’s a popular way to celebrate birthdays or treat guests, subject to college rules. Everyone dresses in formal wear and their gown. You can book a ticket in advance using the online billing service, and you can also buy tickets for guests.

There are also superhalls which are themed fancy dress events such as for Halloween, Christmas and to meet the college family. Be sure to buy tickets early as they sell out quickly.

Sports Facilities

Gym
We have a gym in college which you can access through the college car park near the porter’s lodge. It is free to use as long as you go to a gym induction. It has 2 levels with barbell and dumbbell free-weights downstairs, cable and weight machines on both levels, two rowing machines, bikes, crossfit and treadmills.

Squash Courts
In the same building as the Gym, there are 2 squash courts available for free use when you book.

Oxford Playing Fields
5 min walk away from college is our sports fields on Oxford Road which is often used for trainings or games, and is available for anyone to use. It has concrete tennis/netball courts, football pitches, cricket pitches and a rugby pitch.

Sports Teams
Fitz has many sports teams where you can play casually at a college level against other colleges such as athletics, netball, rowing, football, rugby, ultimate frisbee and more! Early in the academic year, trials will take place to join a University level competitive sports team. If you represent Cambridge against Oxford in a major sport, you will be awarded a Blue, while other sports award Half Blues. Many teams also have a seconds team, so you may also still get to represent the university.
The Library

The library is one of the highlights in college featuring a spiral staircase and so it is a very popular place to study. There are 3 printers that also act as photocopiers and scanners that operate by tapping your Camcard on it. You can print them from one of the many computers or from your own laptop by installing some software - check the library website for this.

Books are free to loan out and you can borrow as many as you would like. You can keep renewing them online as well. You will get a library induction in Fresher’s Week with more information.

Other College Facilities

The JCR Room

The JCR has a pool table that is open for all to use as well as a projector. The TV room is next to the buttery and can be used to relax, socialise, play video games as well as study.

The Laundry

The Laundry Room has washing machines, tumble dryers and an electric iron and board. You will be charged a weekly fee to use them as much as you want. Remember to bring washing powder/liquid or capsules! Washes last for around 40 mins and dryers for 50 mins - please make sure to pick up your clothing as soon as your cycle is finished as the machines are often in high demand. Bring a laundry bag or basket to carry all your clothes.

Cycling in Cambridge

Cambridge is sometimes described as the cycling capital of the UK and it can often make your journey time much shorter if you cycle. You may already know how to cycle, if so that’s great! If not, that’s not a problem either! You can always learn to cycle before you arrive in Cambridge or even at Cambridge! Cambridge has a lot of cycle paths and routes that make it safer than most cities for bikes. If you’re not interested in cycling, it’s also easy to walk everywhere.

Do you own a bike you can bring to Cambridge? If not: if you can get a good second hand bike at home, consider bringing that. If not, you can find a second hand bike in Cambridge or buy a new one.

Do you know how to repair a bike? If not, don’t worry, most people don’t! The basics are covered later on in this document and you can always find Youtube tutorials or go to a bike shop!

If you answered yes to all of these then you’re sorted - otherwise continue reading this guide to find out more!
**Bike shops**
There are a number of bike shops in Cambridge. The closest one to college is Bridge Cycles just by Magdalene Bridge. There’s also a few stalls in castle market that sell bike parts. The Cambridge University Cycling Club recommends Bicycle Ambulance but that’s slightly higher end.

**Secondhand bikes**
The best ways to find a secondhand bike are Facebook groups, eBay, Gumtree, and even bike shops themselves as some may be selling demo bikes or trade-in bikes etc. Make sure you’re not buying a stolen bike by checking "https://www.bikeregister.com/", the Police approved bicycle register. It’s advised to avoid really bright colours or flashy paint-jobs as your bike is much more likely to get stolen if it stands out. Be wary of deals that look too good to be true and stay safe online of course! Get pictures of the actual bike for sale, don’t accept stock photos etc. Also check that the bike doesn’t need any fixing before it’s used as this may add on to the total price you pay. If you are buying locally, then consider how you are going to transport it to Cambridge! Be aware that trains have bike compartments which can be very useful.

**Safety**
Safety is always the most important thing so make sure you’re wearing a helmet and are visible at all times. That could be reflectors on your bike, wearing reflective clothing and/or using lights on your bike. Always use lights on your bike at night (this is a legal requirement) and have a rear reflector. Be aware of the road and the users you’re sharing it with so you’re ready if someone else makes a mistake.

**Cycling with Tourists**
Cycling with tourists can be very frustrating. Especially on weekends, they can walk in the middle of the road facing the wrong direction which makes it a pain to cycle past. In this circumstance you just have to go slowly and ring your bell/verbally warn them your passing. Be wary of people casually stepping out into the road as well. Sometimes, it might be easier to wheel your bike if there’s a very thick crowd or a big gathering on King's Parade.

**One-way System**
Cambridge has a one-way system around its centre which can be a bit tricky to navigate. It’s not particularly complicated but can be a bit annoying to wrap your head around at first.

**Bike Locks and Security**
Using a good bike lock is essential to keeping your bike safe! Never use just a wire lock, use a full metal D-lock and maybe even a combination of that and a wire lock. Always lock the body of the bike to the pole you lock the bike to as this is the strongest part of the bike. If this isn't possible, lock the back wheel to the pole as most front wheels have a quick release so someone could steal the rest of your bike if you lock the front wheel. If there is nowhere to lock up: if you are with a friend, you can both lock your bikes together, else lock the back wheel to the body of the bike so it can't rotate. Make sure to register your bike along with pictures on the national bike register, as in the unlikely event that your bike is stolen you’ll have a much better chance of getting it back.
Bike Storage
Most colleges and university sites have some form of bike storage you can lock your bike to. Some of these are sheltered, some aren't so it might be worth getting a seat cover so that if it rains, your seat won't be soaked (pretty sure they give these out at the fresher's fair). If you can't find anywhere to store your bike, you can lock it to anything that is immovable street furniture like railings or street signs but NOT drainpipes (they easily break) or in obstructive positions or where there are signs prohibiting bikes. At Fitz, there are three main spaces for storing bikes: next to the Porter's Lodge, at the back of college by the Huntingdon Road exit, and down the side of college.

Insurance
Your bike is covered on theft by the insurance Fitz provides as long as they are registered with college and fulfil the conditions. Have a read of the college's insurance policy and make sure you understand what is covered and how to claim. Also look at what personal liability insurance you may have if you hit someone whilst riding your bike.

General Maintenance
It might be worth bringing some basic tools like a swiss army knife, screwdriver, spanner, allen keys and/or a bike pump. Also, it is definitely worth bringing a spare inner tube if your tyres use them. Note that the porters have repair tools and a pump and other people will bring some too so if you can't, it's not a problem.

Pumping up your wheels - This is something that you need to do regularly to make getting punctures harder. The porters have a bike pump but you can bring your own or borrow someone else's. Different tyres have different ends to attach to a bike pump so make sure you have the attachment for your type of tyre. Road tyres typically require 80 to 130 psi; mountain tyres 25 to 35 psi; and hybrid tyres 40 to 70 psi.

Chain comes off - If your chain comes off, you just need to make sure it's not trapped between any gears. Then push the gear derailleur forward (the little cog hanging below your back cogs), then using the new slack in the chain, thread it onto a gear. Then spin your wheel in the air using the pedals to make sure the chain is turning. Oiling your chain will help with your gear changes (not too much!).

Adjusting seat height - This is usually doable but if you're struggling, some bike shops do it for free (in particular, Rutland Cycling under The Grand Arcade).

Flat tyre - If you have a puncture you will need to fix up the tyre. If it is very small and patchable you can do that but otherwise you will need to replace the inner tube (your tyre most likely has an inner tube but if it doesn't, then search up how to replace the type of tyre you have). Replacing the inner tube involves taking the wheel off the bike. This is harder if it is the back wheel, but you can search up how to remove it. Then remove the outer tyre and the punctured inner tube, put in the new inner tube and put the outer tyre back over BEFORE inflating the inner. Put the wheel back on and then pump up the tyre.

Tightening your brakes - If your brakes are loose, you need to tighten them. You will probably have disc brakes or clamp brakes so search up how to tighten the type of brake you have. Usually this is easier with a friend. Make sure you test how tight your brakes are afterwards as you don't want to be catapulted off your bike, but they need to be able to stop you properly and quickly.
Your College Bill

Your college bill is how college charges you for rent etc.

College bills are issued at the beginning of each term and sent by email. Bills are due for payment by the 8th day of term.

You will be able to pay your bill online via a secure link which is included in the emailed bill.

Your college bill should have the following charges on it:

(Note that we are currently working to review the structure of the bill, so this may change at some point)

**Tuition Fees** - These will only appear on the bill if neither of the following apply:
- You have taken out a tuition fee loan from any of the UK Student Finance organisations
- Your fees are to be paid by any other sponsor or by scholarship (the College will invoice them directly.)

**Room rent** - Rent includes heating, lighting, electricity and water, plus computer connection and data allowance, insurance for a basic level of personal possessions, and weekly cleaning.

**Kitchen fixed charge (KFC)** - Eating together is a central part of the academic community life of the College. To support it, the College maintains extensive facilities and professional staff to ensure it is capable of providing meals to members of the College and their guests on a day to day basis and on special occasions. The KFC is a contribution to the overhead costs of the College catering operation and helps the College maintain student meal prices at affordable levels.

**Linen hire** - Bed linen (sheets and pillowcases) and duvet may be hired from the College. Towels are not provided. To hire linen please complete an online form and return it before the start of the academic year.

**Laundry Charge** - A weekly charge is added to the college bill of all students living in college owned accommodation and allows for unlimited use of the machines.

**Fitzwilliam deposit** - A deposit is charged in the first bill and will be returned shortly after the end of the final term, less deductions for any unpaid charges. These may include charges for any dilapidations in the room which are not considered by the College to be normal 'wear and tear'.

**Accident transport fund** - This fund is run in co-operation with the Junior Members Association (JMA) and Panther Taxis. All students contribute to the fund which provides for emergency travel needs or for when injury or serious illness prevents independent travel between Fitzwilliam College and departments of the University.

**Fitzwilliam Society** - Life membership of the Fitzwilliam Society, including subscription to the Fitzwilliam Journal.
MESSAGES FROM THE JCR

A bit more about some of your JCR Members

Do reach out to the JCR members if you want to find out more about what they do or anything about Fitz in general!

Elizabeth Eaton-Banks
Vice President

I'm Elizabeth, a second year Classicist, and I am the JCR Vice-President. My roles primarily involve supporting the Presidents and making sure things run smoothly within the JCR, as well as organising the college family system. I also work with the Student Union in my role as Fitz's External Officer, which allows me to play a part in communication throughout the whole university and represent the college on wider issues. Please feel free to send me a message if you have any general questions/concerns for the JCR, or just say hi around college!

Percy Hartshorn
Ents Executive

Hi, I'm Percy (he/they), a second year PBS student and Ents Exec. My role involves planning and running most of the social events happening around college, including the majority of your Freshers Week! There's loads of fun events planned for this week and the rest of term such as our in-house club night Fitz Up and a weekly pub quiz, so go forth and enjoy yourselves!

Emily Parry
Female/Non-Binary Welfare Officer

I'm Emily, a third year medical student intercalating in genetics and I'm your Female/NB welfare officer. I work with Luke to run welfare events (including weekly welfare tea with biscuits), discuss issues with college, and just generally make sure you feel listened to. Transitioning to university life can be really challenging and isolating, so please don't hesitate to reach out to me or Luke in person or online!

Luke Franks
Male/Non-Binary Welfare Officer

I'm Luke, the Male and NB welfare officer. I'm a third year natural scientist (specialising in Earth Sciences). I'll be working alongside Emily to make sure your transition to uni is as smooth as possible - we are always here if you need a chat and have any concerns. We'll be running workshops in freshers week, as well as weekly 'welfare tea' (with biscuits). Reach out if you have any questions or problems!

Hannah Lilly
Secretary

Hi! I'm a second-year Japanese Studies (AMES) student. As Secretary, my role usually involves sending lots of emails/communications to Fitz students, as well as organising and taking minutes in JCR Meetings. I also manage the JCR's social media accounts and send out the Billy Bulletin newsletter every week, which contains JCR announcements, upcoming events, job advertisements and other opportunities.
Aiden Jones  
**LGBT+ Officer**

As the LGBTQ+ Officer I help to provide support to the LGBTQ+ students at Fitz. I do hold some events in college but my main goal is to encourage the college to make decisions that benefit the lives of the LGBTQ+ students. A recent example of this would be my work towards a Gender Affirmation Fund for gender expression within the college as well as pushing for the Pride Flag to be flown in June. Fitz is already a super diverse college so I take pride in trying to improve things for the college community.

Caaira Khubchand  
**International Officer**

Hi, I am Caaira and I am a second-year Geographer. As the International Officer for the JCR, my role consists of looking after the welfare of all international students. This includes planning events, helping with moving in and adjusting to university life abroad, as well as addressing any concerns or queries you may have. Please feel free to reach out to me. I'm always happy to chat!

Robert Barker  
**Target and Access Officer**

Hey! I'm Robert the target and access officer on the Fitz JCR. My role involves working with the schools liaison officers on access work around college, promoting access opportunities to the college community and being heavily involved with the running of the Shadowing Scheme early in the new year. If you want to find out more do drop me a message!
If you ever feel lost or aren't sure where somewhere is, just ask!

**Rooms**

De Smith Room (8)
Evelyn Suite (D)
Fellows' Parlour (5)
Fitzwilliam Society Common Room (18)
Gaskoin Room (15)
Gordon Cameron Lecture Theatre (19)
Music Room & Practice Room (14)
Norman Pounds Special Collection Room (Library)
Upper Hall 1 (16)
Upper Hall 2 (13)
Old Senior Common Room (10)
Ray Kelly Reading Room (Library)
Reddaway Room (17)
Skillington Study Room (Library)
Stapleton Room (The Grove)
Stretton Room (O)
Trust Room (L)
Walker Rooms 11 & 21 (upstairs) (23)
JCR Common Room (11)
William Thatcher Room (20)
Wilson Court Common Room (20)
Wilson Court Seminar Rooms (20)
Writing Room (7)

**Offices**

Admissions (Grad & Undergrad) (L)
Bursar (W)
Bursary (W)
Catering & Conferences (G)
Communications Resources (U)
Dean (The Grove)
Development (V)
Domestic Bursar (U)
Domestic (K)
IT (U)
Maintenance (4)
Master (The Grove)
Master's Secretary (The Grove)
North Lodge (1)
Porters' Lodge (22)
Senior Tutor (The Grove)
Steward's Secretary (U)
Tutorial (Grad & Undergrad) (L)

**Facilities**

Cafe/Bar (12)
Computer Rooms (Library)
Buttery (Hall Building)
Gym and Squash Courts (21)
Kitchens (2)
Laundry Room (F)
Linen Room (K)
MCR Common Room (The Grove)
Screens/Notice boards (9)
SCR (The Grove)
Supervision rooms 1 & 2 (D)
MAP OF CAMBRIDGE

College Sites:
Fitz (1)
Playing fields (2)
Boathouse (3)

University Sites:
Sidgwick site (4)
Downing site (5)
West site (6)
University Library (7)

Shopping:
Mainsbury’s (8)
Far-Awainsbury’s (9)
Aldi (10)
Grafton Shopping Centre (11)
Grand Arcade Shopping Centre (12)
Market (13)

Green areas:
Jesus Green (14)
Midsummer Common (15)
Parker’s Piece (16)
Christ’s Piece (17)
The Backs (18)
Lammas Land (19)
Grantchester (20)
Coe Fen (21)
Botanic Gardens (22)

Clubs:
Revs (23)
Lolas (24)
Mash (25)
Vinyl (26)

Leisure:
Cinema/bowling (27)
Jack’s Gelato (28)

Utilities:
Train Station (29)
Post Office (30)
Bridge Cycles (31)