Lent term Buttery Menu 2022

**WEEK 5 WC (14/02/2022) WEEK 9 WC (14/03/2022)**

**Monday Lunch**
- Turkey and bacon pie
- Vegan moussaka (vegan)
- Tempura cauliflower with tzatziki (v)

**Monday Dinner**

Valentines Theme night

**Tuesday Lunch**
- Roasted vegetable strudel (vegan)
- Beef lasagne with garlic bread
- Bean, mushroom & Quorn korma and rice (v)

**Tuesday Dinner**
- Onion bhaji and naan burger (vegan)
- Katsu chicken curry
- Cajun fish burger with salad and salsa

**Wednesday Lunch**
- Slow cooked beef Brisket
- Broccoli & vegetable pasta with stilton & toasted pine nuts (v)
- Chickpea, vegetable & apricot tagine (vegan) with couscous

**Wednesday Dinner**
- Mac and cheese with BBQ Beans (v)
- Korean corn and lentil bites (vegan)
- Mac and cheese with BBQ pulled pork

**Thursday Lunch**
- Shiitake seitan burger with kimchi mayo (vegan)
- Kimchi beef burger
- Thai spiced tuna steak with asian slaw

**Thursday Dinner**
- Bang bang tofu and rice (vegan)
- Creamy chicken and mushroom with short crust pastry
- Salmon and broccoli fish cake and chips
**Friday Lunch**
Friday Fish and Chips (plain fish available cooked to order)
Char siu baked squash steaks with five spiced beans (vegan)
Tortellini formaggio (v)

**Friday Dinner**
Salt and pepper squid
Spicy chicken thighs
Lentil & mushroom lasagne (vegan)

**Saturday Lunch**
Brunch

**Saturday Dinner**
Hunters chicken
Broccoli katsu curry and rice (vegan)
BBQ meaty pork ribs

**Sunday Lunch**
Brunch

**Sunday Dinner**
Roast turkey breast with pigs in blankets
Mixed bean and potato goulash (vegan)
Artichoke, eggplant & stilton tart (v)
WEEK 6 WC (21/02/2022)

**Monday Lunch**
Fish goujons wraps  
Tandoori spiced chicken leg with rice  
Vegetable jambalaya (vegan)

**Monday Dinner**
Beef lasagne with garlic bread  
Sweet potato, spinach and chickpea curry and rice (vegan)  
Cannelloni Verdi (v)

**Tuesday Lunch**
Vegetable, bean and Quorn shepherd’s pie (v)  
Chicken enchiladas  
Roasted vegetables, spinach & potato curry (vegan)

**Tuesday Dinner**
Theme Night

**Wednesday Lunch**
Roast turkey with cranberry sauce  
Sweet pepper & potato frittata (v)  
Crispy Korean BBQ tofu with rice (vegan)

**Wednesday Dinner**
Cajun baked salmon with pea guacamole  
Thai red chicken curry with rice  
Lentil, bean & cherry tomato chilli with nachos (vegan)

**Thursday Lunch**
Fresh Chicken Kiev  
Penne pasta with mushroom & watercress (v)  
Hoi sin sweet potato bao buns (vegan)

**Thursday Dinner**
Crispy mushroom shawarma (vegan)  
Southern fried chicken  
Quorn and vegetable casserole (v)
**Friday Lunch**
Friday fish and chips (plain fish available cooked to order)
Roast vegetable, goat’s cheese and pesto quiche (v)
Vegetable pakora with rice (vegan)

**Friday Dinner**
¼ whole roasted piri piri chicken
Cheese and onion pasty (v)
Falafel burger with hummus and salsa (vegan)

**Saturday Lunch**
Brunch

**Saturday Dinner**
Breaded pork steak with sriracha sauce
Sweet and sticky chicken drumsticks
Vegetable and bean burrito (vegan)

**Sunday Lunch**
Brunch

**Sunday Dinner**
Roast topside of beef and Yorkshire pudding
Aubergine wedges with chickpea salsa (v)
Vegetable bourguignon with dumplings (vegan)
**WEEK 7 WC (28/02/2022)**

**Monday Lunch**
Charred gammon steak with fried egg
Gnocchi with peppers and arrabiata sauce (vegan)
Creamy fish pie

**Monday Dinner**
Beef chilli and nachos
Chilli bean & vegetable enchiladas (v)
Squash filled with jalapenos, bean and vegetable rice (vegan)

**Tuesday Lunch**
Fresh cheese and bacon Kiev
Spicy sausage and pasta bake
Pasta puttanesca (vegan)

**Tuesday Dinner**

**Theme Night**

**Wednesday Lunch**
Roast leg of pork with caramelized apples
Boston bean & sweet potato casserole (vegan)
Mushroom arancini balls (v)

**Wednesday Dinner**
Beef lasagne with garlic bread
Chickpea and pepper burger (vegan)
Hong Kong sweet and sour tofu with vegetables (vegan)

**Thursday Lunch**
Buffalo chicken bites with blue cheese dressing
Korean no-meatballs (vegan) with egg noodles (v)
Smoked salmon and dill with pasta

**Thursday Dinner**
Crispy chilli beef
Baked salmon with green bean and sesame seed salad
Spiced bean filled aubergine with a crumble topping and couscous (vegan)
**Friday Lunch**
Friday fish and chips (plain fish available cooked to order)
Vegetable & lentil dhal (vegan)
Creamy leek, cheese and potato pie (v)

**Friday Dinner**
Cheese burger in a brioche bun with onion rings
Vegan donor kebab with pitta and salad (vegan)
Buffalo cauliflower wings (vegan)

**Saturday Lunch**
Brunch

**Saturday Dinner**
Scampi and tartare sauce
Hoi sin duck leg with egg noodles
Spicy sweetcorn fritters with sriracha sauce (vegan)

**Sunday Lunch**
Brunch

**Sunday Dinner**
Roast chicken and stuffing
Vegetable pad Thai (vegan)
Lentil & vegetable hot pot (vegan)
WEEK 8 WC (07/03/2022)

Monday Lunch
Grilled turkey steak with chilli bean dressing
Aloo tikki with spiced pomegranate cous cous & coriander relish (vegan)
Vegetable & bean shepherd’s pie (vegan)

Monday Dinner

Theme Night

Tuesday Lunch
Fresh Chicken Kiev
Kidney bean & cashew risotto (vegan)
Mediterranean vegetable crumble with feta cheese (v)

Tuesday Dinner
Pasta Bolognaise
Lentil bolognaise with pasta
Buffalo chickpea stuffed sweet potato (vegan)

Theme Night

Wednesday Lunch
Honey mustard roast bacon Joint
Spicy black eyed bean, aubergine with tomatoes (vegan)
Chicken shawarma

Wednesday Dinner
Toad in the hole (v)
Korean meatballs with egg noodles
Onion bhaji, Samosa and vegetable pakora (vegan)

Thursday Lunch
Chicken and mushrooms with crispy potato topping
Baby corn, green pepper & oyster mushroom in black bean sauce (vegan)
Mac and cheese (v)

Thursday Dinner
Sweet and sour chicken Hong Kong style and rice
Mushroom, leek & sun dried tomatoes with stir fried rice (vegan)
Pan fried salmon with soy sauce and spring onions
**Friday Lunch**
Friday fish and chips (plain fish available cooked to order)
Roast Mediterranean vegetable & pasta bake (vegan)
Chilli, soy and ginger roasted duck leg with plum sauce

**Friday Dinner**
Southern fried chicken
Courgette fritter with salsa and cous cous (vegan)
Red pesto with penne pasta, roasted peppers & rocket (v)

**Saturday Lunch**
Brunch

**Saturday Dinner**
Beef lasagne with garlic bread
Roast squash and blue cheese tacos (v)
Vegetable korma (vegan)

**Sunday Lunch**
Brunch

**Sunday Dinner**
Roasted loin of pork with apple sauce
Mushroom, leek & Quorn pie (v)
Mushroom ravioli (v)