Lent term Buttery Menu 2022

**WEEK 1 WC (17/01/2022) WEEK 5 WC (14/02/2022) WEEK 9 WC (14/03/2022)**

**Monday Lunch**
- Turkey and bacon pie
- Vegan moussaka (vegan)
- Tempura cauliflower with tzatziki (v)

**Monday Dinner**
- Onion bhaji and naan burger (v)
- Katsu chicken curry
- Cajun fish burger with salad and salsa

**Tuesday Lunch**
- Roasted vegetable strudel (vegan)
- Beef lasagne with garlic bread
- Bean, mushroom & Quorn korma and rice (v)

**Tuesday Dinner**
- Lentil & mushroom lasagne (vegan)
- Cumberland sausage ring with caramelised onion sauce
- Chicken piccata

**Week 5 theme night**

**Wednesday Lunch**
- Slow cooked beef Brisket
- Fresh cheese and bacon Kiev
- Chickpea, vegetable & apricot tagine (vegan) with couscous

**Wednesday Dinner**
- Mac and cheese with BBQ Beans (v)
- Korean corn and lentil bites (vegan)
- Mac and cheese with BBQ pulled pork

**Thursday Lunch**
- Shiitake seitan burger with kimchi mayo
- Kimchi beef burger
- Shepherd’s pie

**Thursday Dinner**
- Bang bang tofu and rice (vegan)
- Creamy chicken and mushroom with short crust pastry
- BBQ meaty pork ribs
Friday Lunch
Friday Fish and Chips (plain fish available cooked to order)
Char siu baked squash steaks with five spiced beans (vegan)
Tortellini formaggio (v)

Friday Dinner
Spicy pork meatballs with couscous
Spicy chicken thighs
Broccoli & vegetable pasta with stilton & toasted pine nuts (v)

Saturday Lunch
Brunch

Saturday Dinner
Hunters chicken
Broccoli katsu curry (vegan)
BBQ meaty pork ribs

Sunday Lunch
Brunch

Sunday Dinner
Roast turkey breast with pigs in blankets
Mixed bean and potato goulash (vegan)
Artichoke, eggplant & stilton tart (v)
WEEK 2 WC (24/01/2022)  WEEK 6 WC (21/02/2022)

**Monday Lunch**
Fish goujons wraps
Tandoori spiced chicken leg with rice
Vegetable jambalaya (vegan)

**Monday Dinner**
Theme night

**Tuesday Lunch**
Vegetable, bean and Quorn shepherd’s pie (v)
Chicken enchiladas
Roasted vegetables, spinach & potato curry (vegan)

**Tuesday Dinner**
Beef lasagne with garlic bread
Sweet potato, spinach and chickpea curry and rice (vegan)
Cannelloni Verdi (v)

**Wednesday Lunch**
Roast turkey with cranberry sauce
Sweet pepper & potato frittata (v)
Crispy Korean BBQ tofu with rice (vegan)

**Wednesday Dinner**
Cajun baked salmon with pea guacamole
Thai red chicken curry with rice
Lentil, bean & cherry tomato chilli with nachos (vegan)

**Thursday Lunch**
Fresh Chicken Kiev
Penne pasta with mushroom & watercress (v)
Hoi sin sweet potato bao buns (vegan)

**Thursday Dinner**
Newmarket sausage and cheesy mash
Southern fried chicken
Quorn and vegetable casserole (v)
**Friday Lunch**
Friday fish and chips (plain fish available cooked to order)
Roast vegetable, goat’s cheese and pesto quiche (v)
Vegetable pakora with rice (vegan)

**Friday Dinner**
¼ whole roasted piri piri chicken
Sticky thyme and mustard bacon steaks
Falafel burger with hummus and salsa

**Saturday Lunch**
Brunch

**Saturday Dinner**
Breaded pork steak with sriracha sauce
Sweet and sticky chicken drumsticks
Vegetable and bean burrito (vegan)

**Sunday Lunch**
Brunch

**Sunday Dinner**
Roast topside of beef and Yorkshire pudding
Aubergine wedges with chickpea salsa (v)
Vegetable bourguignon with dumplings (vegan)
WEEK 3 WC (18/10/2022) WEEK 7 WC (28/02/2022)

Monday Lunch
Charred gammon steak with fried egg
Gnocchi with peppers and arrabiata sauce (vegan)
Creamy fish pie

Monday Dinner
Beef chilli and nachos
Chilli bean & vegetable enchiladas (v)
Squash filled with jalapenos, bean and vegetable rice (v)

Tuesday Lunch
Fresh cheese and bacon Kiev
Spicy sausage and pasta bake
Pasta puttanesca (vegan)

Tuesday Dinner
Theme Night

Wednesday Lunch
Roast leg of pork with caramelized apples
Boston bean & sweet potato casserole (vegan)
Mushroom arancini balls (v)

Wednesday Dinner
Beef lasagne with garlic bread
Chickpea and pepper burger (vegan)
Hong Kong sweet and sour tofu with vegetables (vegan)

Thursday Lunch
Buffalo chicken bites with blue cheese dressing
Korean no-meatballs (vegan) with egg noodles (v)
Smoked salmon and dill with pasta

Thursday Dinner
Crispy chilli beef
Baked salmon with green bean and sesame seed salad
Spiced bean filled aubergine with a crumble topping and cous cous (vegan)
**Friday Lunch**
Friday fish and chips (plain fish available cooked to order)
Vegetable & lentil dhal (vegan)
Creamy leek, cheese and potato pie (v)

**Friday Dinner**
Cheese burger in a brioche bun with onion rings
Vegan donor kebab with pitta and salad (vegan)
Buffalo cauliflower wings (vegan)

**Saturday Lunch**
Brunch

**Saturday Dinner**
Scampi and tartare sauce
Hoi sin duck leg with egg noodles
Spicy sweetcorn fritters with sriracha sauce (vegan)

**Sunday Lunch**
Brunch

**Sunday Dinner**
Roast chicken and stuffing
Vegetable pad Thai (vegan)
Lentil & vegetable hot pot (vegan)
Monday Lunch
Grilled turkey steak with chilli bean dressing
Aloo tikki with spiced pomegranate cous cous & coriander relish (vegan)
Vegetable & bean shepherd’s pie (vegan)

Monday Dinner
Beef lasagne with garlic bread
BBQ bacon steak with peppers and onions
Buffalo chickpea stuffed sweet potato (vegan)

Tuesday Lunch
Fresh Chicken Kiev
Kidney bean & cashew risotto (vegan)
Mediterranean vegetable crumble with feta cheese (v)

Tuesday Dinner
Theme Night

Wednesday Lunch
Honey mustard roast bacon Joint
Spicy black eyed bean, aubergine with tomatoes (vegan)
Chicken shawarma

Wednesday Dinner
Toad in the hole (v)
Korean meatballs with egg noodles
Onion bhaji, Samosa and vegetable pakora (vegan)

Thursday Lunch
Chicken and mushrooms with crispy potato topping
Baby corn, green pepper & oyster mushroom in black bean sauce (vegan)
Mac and cheese (v)

Thursday Dinner
Sweet and sour chicken Hong Kong style and rice
Mushroom, leek & sun dried tomatoes with stir fried rice (vegan)
Pan fried salmon with soy sauce and spring onions
**Friday Lunch**
Friday fish and chips (plain fish available cooked to order)
Roast Mediterranean vegetable & pasta bake (vegan)
Chilli, soy and ginger roasted duck leg with plum sauce

**Friday Dinner**
Southern fried chicken
Courgette fritter with salsa and cous cous (vegan)
Red pesto with penne pasta, roasted peppers & rocket (v)

**Saturday Lunch**
Brunch

**Saturday Dinner**
Pasta Bolognese
Roast squash and blue cheese tacos (v)
Vegetable korma (v)

**Sunday Lunch**
Brunch

**Sunday Dinner**
Roasted loin of pork with apple sauce
Mushroom, leek & Quorn pie (v)
Mushroom ravioli (v)