

Lent term Buttery Menu 2022

**WEEK 1 WC (17/01/2022) WEEK 5 WC (14/02/2022) WEEK 9 WC (14/03/2022)**

**Monday Lunch**

Turkey and bacon pie  
Vegan moussaka (vegan)  
Tempura cauliflower with tzatziki (v)

**Monday Dinner**

Onion bhaji and naan burger (v)  
Katsu chicken curry  
Cajun fish burger with salad and salsa

**Tuesday Lunch**

Roasted vegetable strudel (vegan)  
Beef lasagne with garlic bread  
Bean, mushroom & Quorn korma and rice (v)

**Tuesday Dinner**

Lentil & mushroom lasagne (vegan)  
Cumberland sausage ring with caramelised onion sauce  
Chicken piccata

**Week 5 theme night**

**Wednesday Lunch**

Slow cooked beef Brisket  
Fresh cheese and bacon Kiev  
Chickpea, vegetable & apricot tagine (vegan) with couscous

**Wednesday Dinner**

Mac and cheese with BBQ Beans (v)  
Korean corn and lentil bites (vegan)  
Mac and cheese with BBQ pulled pork

**Thursday Lunch**

Shitake seitan burger with kimchi mayo  
Kimchi beef burger  
Shepherd's pie

**Thursday Dinner**

Bang bang tofu and rice (vegan)  
Creamy chicken and mushroom with short crust pastry  
BBQ meaty pork ribs



### **Friday Lunch**

Friday Fish and Chips (plain fish available cooked to order)  
Char siu baked squash steaks with five spiced beans (vegan)  
Tortellini formaggio (v)

### **Friday Dinner**

Spicy pork meatballs with couscous  
Spicy chicken thighs  
Broccoli & vegetable pasta with stilton & toasted pine nuts (v)

### **Saturday Lunch**

Brunch

### **Saturday Dinner**

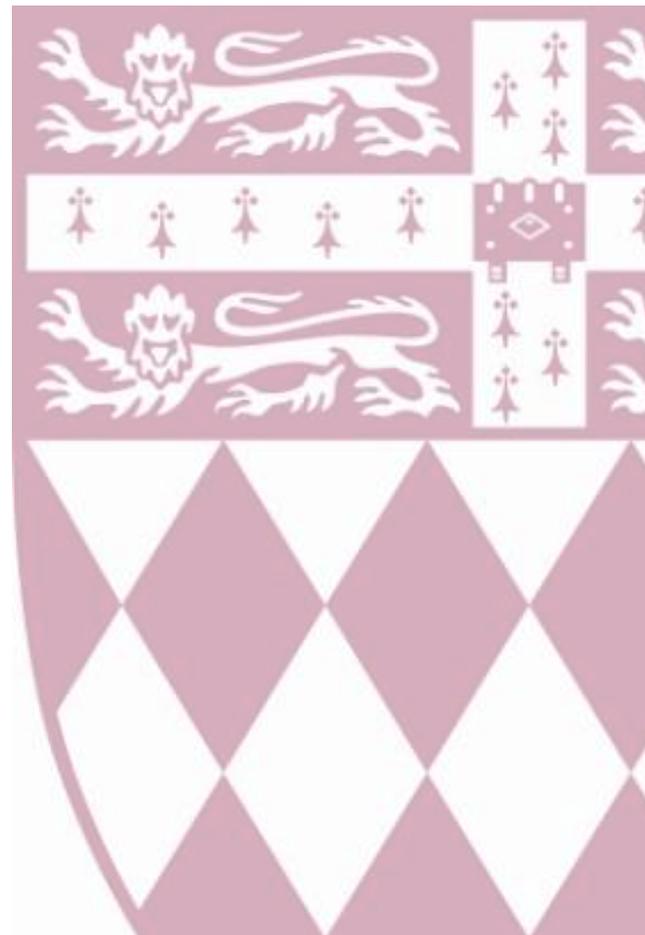
Hunters chicken  
Broccoli katsu curry (vegan)  
BBQ meaty pork ribs

### **Sunday Lunch**

Brunch

### **Sunday Dinner**

Roast turkey breast with pigs in blankets  
Mixed bean and potato goulash (vegan)  
Artichoke, eggplant & stilton tart (v)



**WEEK 2 WC (24/01/2022) WEEK 6 WC (21/02/2022)**

**Monday Lunch**

Fish goujons wraps  
Tandoori spiced chicken leg with rice  
Vegetable jambalaya (vegan)

**Monday Dinner**

Theme night

**Tuesday Lunch**

Vegetable, bean and Quorn shepherd's pie (v)  
Chicken enchiladas  
Roasted vegetables, spinach & potato curry (vegan)

**Tuesday Dinner**

Beef lasagne with garlic bread  
Sweet potato, spinach and chickpea curry and rice (vegan)  
Cannelloni Verdi (v)

**Wednesday Lunch**

Roast turkey with cranberry sauce  
Sweet pepper & potato frittata (v)  
Crispy Korean BBQ tofu with rice (vegan)

**Wednesday Dinner**

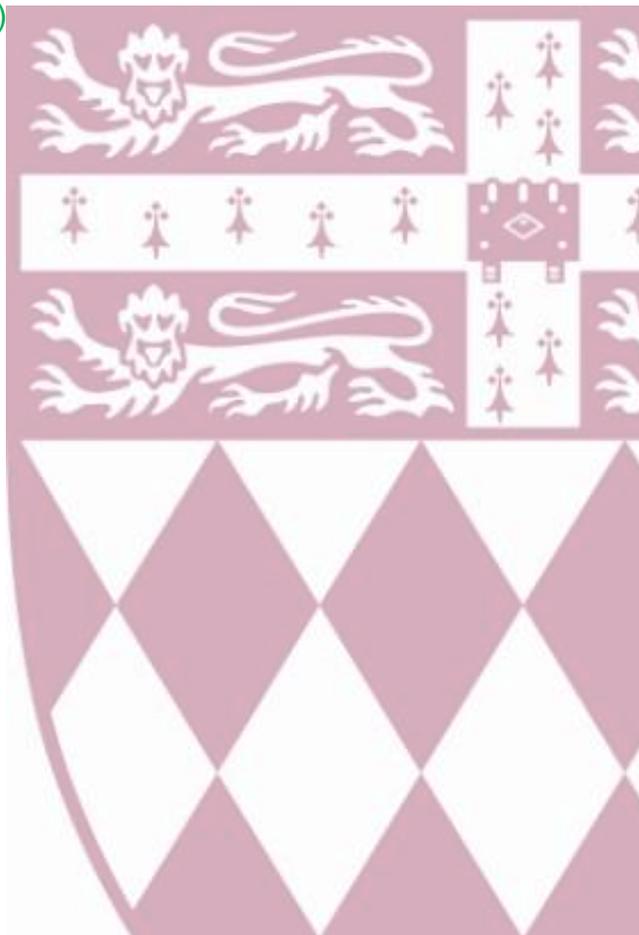
Cajun baked salmon with pea guacamole  
Thai red chicken curry with rice  
Lentil, bean & cherry tomato chilli with nachos (vegan)

**Thursday Lunch**

Fresh Chicken Kiev  
Penne pasta with mushroom & watercress (v)  
Hoi sin sweet potato bao buns (vegan)

**Thursday Dinner**

Newmarket sausage and cheesy mash  
Southern fried chicken  
Quorn and vegetable casserole (v)



### **Friday Lunch**

Friday fish and chips (plain fish available cooked to order)

Roast vegetable, goat's cheese and pesto quiche (v)

Vegetable pakora with rice (vegan)

### **Friday Dinner**

¼ whole roasted piri piri chicken

Sticky thyme and mustard bacon steaks

Falafel burger with hummus and salsa

### **Saturday Lunch**

Brunch

### **Saturday Dinner**

Breaded pork steak with sriracha sauce

Sweet and sticky chicken drumsticks

Vegetable and bean burrito (vegan)

### **Sunday Lunch**

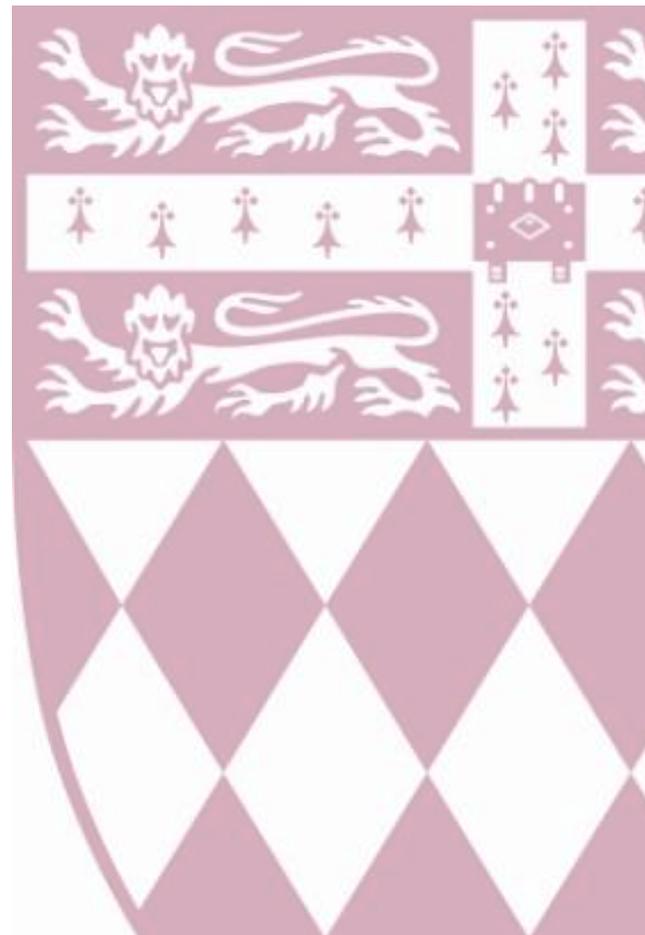
Brunch

### **Sunday Dinner**

Roast topside of beef and Yorkshire pudding

Aubergine wedges with chickpea salsa (v)

Vegetable bourguignon with dumplings (vegan)



**WEEK 3 WC (18/10/2022) WEEK 7 WC (28/02/2022)**

**Monday Lunch**

Charred gammon steak with fried egg  
Gnocchi with peppers and arrabiata sauce (vegan)  
Creamy fish pie

**Monday Dinner**

Beef chilli and nachos  
Chilli bean & vegetable enchiladas (v)  
Squash filled with jalapenos, bean and vegetable rice (v)

**Tuesday Lunch**

Fresh cheese and bacon Kiev  
Spicy sausage and pasta bake  
Pasta puttanesca (vegan)

**Tuesday Dinner**

**Theme Night**

**Wednesday Lunch**

Roast leg of pork with caramelized apples  
Boston bean & sweet potato casserole (vegan)  
Mushroom arancini balls (v)

**Wednesday Dinner**

Beef lasagne with garlic bread  
Chickpea and pepper burger (vegan)  
Hong Kong sweet and sour tofu with vegetables (vegan)

**Thursday Lunch**

Buffalo chicken bites with blue cheese dressing  
Korean no-meatballs (vegan) with egg noodles (v)  
Smoked salmon and dill with pasta

**Thursday Dinner**

Crispy chilli beef  
Baked salmon with green bean and sesame seed salad  
Spiced bean filled aubergine with a crumble topping and cous cous (vegan)



### **Friday Lunch**

Friday fish and chips (plain fish available cooked to order)

Vegetable & lentil dhal (vegan)

Creamy leek, cheese and potato pie (v)

### **Friday Dinner**

Cheese burger in a brioche bun with onion rings

Vegan donor kebab with pitta and salad (vegan)

Buffalo cauliflower wings (vegan)

### **Saturday Lunch**

Brunch

### **Saturday Dinner**

Scampi and tartare sauce

Hoi sin duck leg with egg noodles

Spicy sweetcorn fritters with sriracha sauce (vegan)

### **Sunday Lunch**

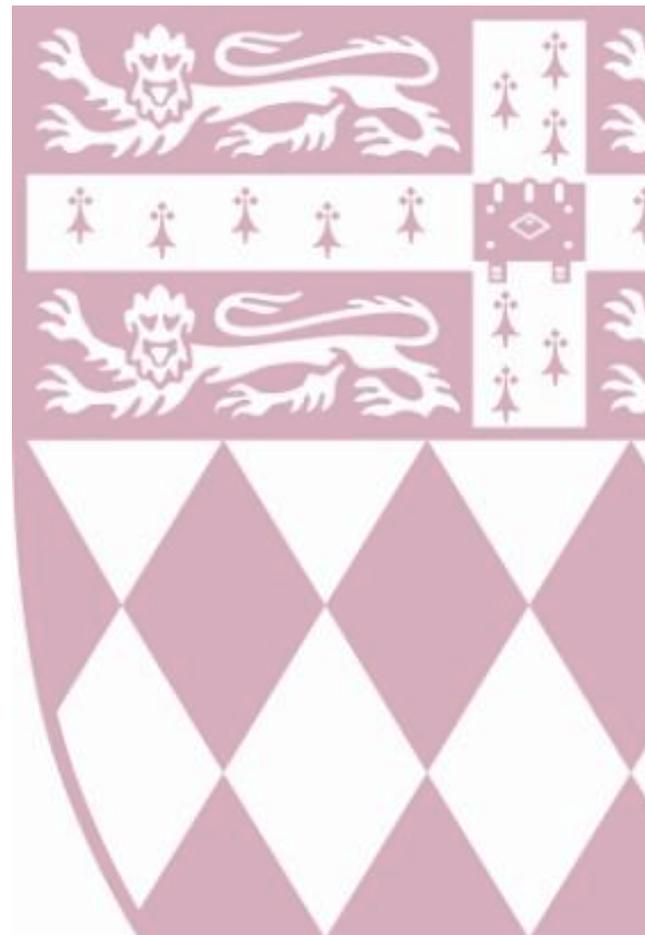
Brunch

### **Sunday Dinner**

Roast chicken and stuffing

Vegetable pad Thai (vegan)

Lentil & vegetable hot pot (vegan)



**WEEK 4 WC (07/02/2022) WEEK 8 WC (07/03/2022)**

**Monday Lunch**

Grilled turkey steak with chilli bean dressing  
Aloo tikki with spiced pomegranate cous cous & coriander relish (vegan)  
Vegetable & bean shepherd's pie (vegan)

**Monday Dinner**

Beef lasagne with garlic bread  
BBQ bacon steak with peppers and onions  
Buffalo chickpea stuffed sweet potato (vegan)

**Tuesday Lunch**

Fresh Chicken Kiev  
Kidney bean & cashew risotto (vegan)  
Mediterranean vegetable crumble with feta cheese (v)

**Tuesday Dinner**

**Theme Night**

**Wednesday Lunch**

Honey mustard roast bacon Joint  
Spicy black eyed bean, aubergine with tomatoes (vegan)  
Chicken shawarma

**Wednesday Dinner**

Toad in the hole (v)  
Korean meatballs with egg noodles  
Onion bhaji, Samosa and vegetable pakora (vegan)

**Thursday Lunch**

Chicken and mushrooms with crispy potato topping  
Baby corn, green pepper & oyster mushroom in black bean sauce (vegan)  
Mac and cheese (v)

**Thursday Dinner**

Sweet and sour chicken Hong Kong style and rice  
Mushroom, leek & sun dried tomatoes with stir fried rice (vegan)  
Pan fried salmon with soy sauce and spring onions



### **Friday Lunch**

Friday fish and chips (plain fish available cooked to order)

Roast Mediterranean vegetable & pasta bake (vegan)

Chilli, soy and ginger roasted duck leg with plum sauce

### **Friday Dinner**

Southern fried chicken

Courgette fritter with salsa and cous cous (vegan)

Red pesto with penne pasta, roasted peppers & rocket (v)

### **Saturday Lunch**

Brunch

### **Saturday Dinner**

Pasta Bolognese

Roast squash and blue cheese tacos (v)

Vegetable korma (v)

### **Sunday Lunch**

Brunch

### **Sunday Dinner**

Roasted loin of pork with apple sauce

Mushroom, leek & Quorn pie (v)

Mushroom ravioli (v)

