



Buttery Easter Term 2017 Week 1, 5

Monday Lunch

[Coconut crusted coley with mango chutney](#)
[Vegetable and bean enchiladas \(V\)](#)
[Baby corn, green pepper & oyster mushroom in a black bean sauce \(Vegan\)](#)

Monday Dinner

[Creamy fish pie with leeks](#)
[Squash, red onion and cheddar cheese quiche \(V\)](#)
[Lentil, bean and mushroom chilli \(Vegan\)](#)

Meat Free Monday

Tuesday Lunch

[Orange and cranberry baked turkey breast](#)
[Thai Crispy Fish with Egg Noodles](#)
[Macaroni cheese & garlic bread \(V\)](#)

Tuesday Dinner (Theme Night Wk 5)

[Beef Lasagne](#)
[Spicy lamb tagine with apricots and toasted almonds](#)
[Flat mushroom, leek and sun dried tomato with stir-fried rice \(Vegan\)](#)

Wednesday Lunch

[Roast topside of beef with Yorkshire pudding](#)
[Tikka spiced chicken thighs](#)
[Nicoise salad with grilled tofu \(Vegan\)](#)

Wednesday Dinner

[Sausage and peppers with pasta](#)
[Chicken breast with sliced mushrooms and pancetta](#)
[Spring vegetable fricassee with penne pasta and herb cream \(V\)](#)

Thursday Lunch

[Tamarind glazed bacon joint](#)
[Steak, mushroom and Guinness pie](#)
[Red pesto with penne pasta, roasted peppers and rocket \(V\)](#)



For information about [Ingredients](#) including [Allergens](#) please scan the QR code, visit the web site or speak to a member of the Buttery Staff.





Thursday Dinner

[Chicken korma with coconut and coriander](#)
[BBQ pulled pork in a bap](#)
[Sweet potato, spinach and lentil curry](#) (Vegan)

Friday Lunch

[Ras el hanout spiced leg of lamb](#)
[Battered fish of the day](#)
[Vegetable & Quorn Moussaka](#) (V)

Friday Dinner

[Chicken fajitas](#)
[Pork schnitzel with roast garlic mayo](#)
[Vegan hotdog with chilli onions](#) (Vegan)

Saturday

[Brunch 11:30 – 13:30](#)

Saturday Dinner

[Spicy pork burgers with mozzarella cheese](#)
[Breaded haddock with caper mayonnaise](#)
[Mediterranean vegetable strudel with salsa verde](#) (V)

Sunday

[Brunch 11:30 – 13:30](#)

Sunday Dinner

[Roast bacon joint](#)
[Roast beef](#)
[Lentil and mushroom lasagne](#) (V)



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Buttery Lent Term 2017 Week 2 & 6

Monday Lunch

[Prawn, squash and pepper curry](#)
[Quorn chilli with rice \(V\)](#)
[Tempura battered cauliflower with tzatziki \(Vegan\)](#)

Monday Dinner

Fish dish of the day
[Cannelloni verdi \(V\)](#)
[Aubergine & black-eyed bean korma \(Vegan\)](#)

Meat Free Monday

Tuesday Lunch

[Quince glazed roast turkey](#)
[Sausage and leek hash](#)
[Falafel burger in a bun with hummus and salsa \(Vegan\)](#)

Tuesday Dinner

See separate menu

Wednesday Lunch

[Slow cooked beef brisket](#)
[Lamb shoulder with broccoli and pasta](#)
[Cheese and onion pasty \(V\)](#)

Wednesday Dinner

[Smoked haddock and spring onion fish cake](#)
[Chicken and bacon pie](#)
[Aubergine and chickpea tagine with toasted seeds and coriander \(Vegan\)](#)

Thursday Lunch

[Honey roast gammon](#)
[Beef burger with melting cheese](#)
[Butternut squash and smoked stilton tacos \(V\)](#)



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Thursday Dinner

Kashmiri lamb
Chicken and pesto with pasta
Pepper, Sweet potato & lentil stew (Vegan)

Friday Lunch

Rosemary roast lamb leg
Battered fish of the day
Tortellini ricotta (V)

Friday Dinner

Southern fried chicken drumsticks
Beef stroganoff
Caribbean stuffed pepper with rice & peas (Vegan)

Saturday

Brunch 11:30 – 13:30

Saturday Dinner

Pork and beef meatballs with vegetable couscous
Chicken enchiladas
Cheese and tomato pizza (V)

Sunday

Brunch 11:30 – 13:30

Sunday Dinner

Roast chicken and stuffing
Roast loin of pork
Asparagus and egg terrine with spicy tomato salsa (V)



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Buttery Lent Term 2017 Week 3 & 7

Monday Lunch

Fish dish of the day

[Vegetable samosas with mango chutney](#) (V)
[Mushroom and cauliflower biryani](#) (Vegan)

Monday Dinner

[Hot smoked salmon and pasta](#)
[Creamy bean, leek and potato pie](#) (V)
[Vegetable fajitas](#) (Vegan)

Tuesday Lunch

[Cinnamon and honey baked turkey breast](#)
[Baked pork chop with apple chutney](#)
[Vegetable and lentil chilli](#) (Vegan)

Tuesday Dinner

Theme night
See separate menu

Wednesday Lunch

[Roast topside of beef with Yorkshire pudding](#)
[Chicken with garlic, chorizo and olives](#)
[Szechuan vegetable stir fry with tofu](#) (Vegan)

Wednesday Dinner

[Beef Lasagne](#)
[Breaded whole tail scampi](#)
[Vegetable Balti](#) (V)

Thursday Lunch

[Roast bacon with sweet chilli](#)
[Breaded turkey escalope](#)
[Penne pasta with peppers, red onion, baby corn and sundried tomato](#)
[with vegan pesto](#) (Vegan)



Meat Free Monday



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LC = Low Calorie
All Below 350
Calories

Thursday Dinner

[Chicken chipotle tacos](#)
[Open fish pie with pesto](#)
[Baked BBQ bean, vegetable and lentil hot pot](#) (Vegan)

Friday Lunch

[Roast leg of lamb](#)
[Battered fish of the day](#)
[Quinoa and vegetable strudel](#) (Vegan)

Friday Dinner

[BBQ chicken thighs](#)
[Cannelloni bolognaise](#)
[BBQ rice and beans with quorn](#) (V)

Saturday

[Brunch 11:30 – 13:30](#)

Saturday Dinner

[Sloppy joe](#)
[Chicken and mushroom pie](#)
[Mushroom, spinach and pepper stroganoff](#) (V)

Sunday

[Brunch 11:30 – 13:30](#)

Sunday Dinner

[Baked turkey breast](#)
[Roast gammon](#)
[Vegetable tagine](#) (Vegan)



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Buttery Lent Term 2017 Week 4 & 8

Monday Lunch

Fish dish of the day
[Tortellini formaggio \(V\)](#)
[Spicy vegetable stir-fry with pasta \(Vegan\)](#)

Monday Dinner

[Soy baked salmon with sesame and spring onions](#)
[Red pepper, potato and pea frittata \(V\)](#)
[Spicy bean burger with guacamole \(Vegan\)](#)

Tuesday Lunch

[Roast turkey with stuffing](#)
[Piri piri pork steak](#)
[Vegetarian schnitzel \(Vegan\)](#)

Tuesday Dinner (Theme Night Wk 4)

[Beef Lasagne](#)
[Breaded whole tail scampi](#)
[Vegetable Balti \(V\)](#)

Wednesday Lunch

[Mustard glazed silverside of beef](#)
[Thai marinated tuna steaks](#)
[Vegetable burger \(Vegan\)](#)

Wednesday Dinner

[Confit duck leg in plum sauce](#)
[Steamed cod with caper and lemon butter](#)
[Thai sweet potato and bean curry \(Vegan\)](#)

Meat Free Monday



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Thursday Lunch

[Cola glazed gammon](#)
[Beef Lasagne](#)
[Spinach, mushroom and artichoke filo pie with
a chunky tomato salsa](#) (Vegan)

Thursday Dinner

[Minute steak with mushrooms and grilled tomato](#)
[Reggae reggae pulled turkey in a bun](#)
[Quorn bolognese and pasta](#) (V)

Friday Lunch

[Lemon and garlic baked lamb](#)
[Battered fish of the day](#)
[Greek vegetable stew with garlic and herb orzo](#) (Vegan)

Friday Dinner

[Prawn, sweet potato and pea curry](#)
[Beef chilli and rice](#)
[Cannelloni Verdi](#) (V)

Saturday

[Brunch 11:30 – 13:30](#)

Saturday Dinner

[Beef madras](#)
[Pepperoni pizza](#)
[Chipotle spiced vegetable wrap](#) (Vegan)

Sunday

[Brunch 11:30 – 13:30](#)

Sunday Dinner

[Roast beef](#)
[Roast lamb](#)
[Tomato, spinach & cheese Wellington](#) (V)



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